BENGALURU, SATURDAY, DECEMBER 11, 2021 www.Bangaloremirror.com 16 Pages PRICE ₹3

Bangalore Mirror ON SATURDAY

TEMP Max 26 | Min 18 | Humidity 84% Clear with periodic clouds Sensex 58,786 | Nifty 17,511 | Gold 48,052 | Silver 61,024 | Dollar 75.65 | Euro 85.43 | GBP 99.94

NO PLANS TO REVIVE FIELDS OF GOLD

PAGE 2

A TWIN-ENGINE AIRCRAFT HAS LANDED IN JAKKUR

PAGE 8

HOSPITALISED OMICRON PATIENTS FREE IN 10 DAYS

PAGE 9

Arms licence applications double, 432 in two months, as citizens seeking weapons for personal safety and protection use online facility

SHOP GUN

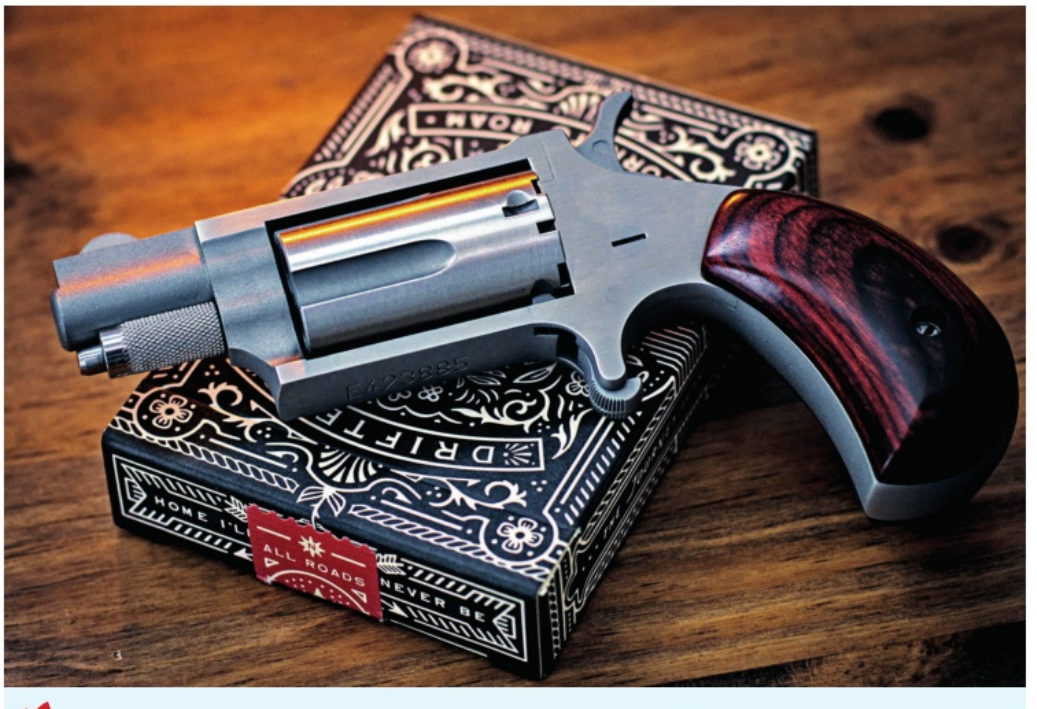
'Offline process was being misused'

Pragna L Krupa
pragna.krupa@timesgroup.com
TWEETS @Pragna_MIRROR

With arms licence application moving to an online process, the harassment and corruption oft-cited with the offline in-person method of applying have come to end, the police said.

City police commissioner Kamal Pant said the offline process was being misused. According to Pant, many of the applicants were being harassed unnecessarily regarding the documents required, and there was no clarity: "The applications used to be pending for about a year. People were simply made to run around. Most of them who seek licence are older citizens and cannot wait for hours, especially during the pandemic. It was best to adapt to an online mechanism to put an end to the corruption and harassment involved."

"About 8,142 people are currently holding arms licenses in the city. The objective is to make it convenient for the public and existing licence holders to follow up on the status of licence and renewal process without having to come all the way to office. It is a contactless service where all payments can be made online and tracked online. Earlier, citizens would crowd at the office for clarifications. Now, they can check online. The offline process used to take up to one year but the current process makes it easier and the licence will be provided within a month or two," Nisha James, DCP, admin, who spearheaded the initiative told BM.



> "The objective is to make it convenient for public... without having to come all the way to the commissioner's office...
>
> — Nisha James, DCP, admin

The move has benefited the businessmen of Bengaluru the most, who are now applying for arms licence in easy steps.

More than safety requirements the businessmen seem to apply for arms licence in view of their social standing.

The number of new applications for arms licence received has almost doubled compared to the cumbersome offline process, simply because one does not have to wait in long queues any more or suffer harassment

CONTINUED ON PAGE 8 »

Till plastics do us apart

Net zero wedding is the new trend. What is your plan?

Bellie.Thomas@timesgroup.com
TWEETS @Bellie_MIRROR

In a first of its kind affair, an eco-friendly marriage took place in the garden city.

The plastic-free wedding was organised at a popular wedding venue, the Miraya Greens, off Bannerghatta Road in South Bengaluru last Tuesday.

It was a pretty expensive wedding affair where the guests, in a light-hearted way, remarked that the family of Sunil Dugar, father of the bride, had spent the money meant for two to three weddings in a single one.

The uniqueness of this marriage was its theme — an eco-friendly celebration of the union of two souls where even the minute details were taken care of so that zero plastic items were used in the entire ceremony.

The decorations on the dais and at the convention centre were done with natural flowers, and no artificial or plastic materials were used by the wedding planner, based on the directions of the Dugar family.

"In these times of conspicuous consumption and accompanying burden of waste on a struggling environment, the wedding of Lipika Dugar and Rishabh Bhansali at the Miraya Greens was a memorable one, which came as a breath of fresh air and deeply concerned kindness — could be termed a 'wedding of kindness'," said Nevina Kamath, ecologist and environmentalist who was a guest at the ceremony.

Dugar's daughter is an architect by profession and his son-in-law Rishabh has a masters degree in marketing. The couple along with Dugar family planned their wedding theme in a unique and green way where they could 'give back to mother nature'.

CONTINUED ON PAGE 11 »

No plans to revive fields of gold

Union Minister confirms there are no proposals to resuscitate BGML at the moment

Sridhar.Vivan@timesgroup.com
TWEETS @sridharvMirror

Karnataka was once known to be a land of gold. Afterall, it was the first to have a gold mining company at Kolar Gold Fields (KGF). Since the company was shut, the demand for its revival has remained alive. Many state and union ministers have been pitching to reopen the company too. However, the centre has made it clear that there are no proposals to revive the closed unit, as of now.

Pralhad Joshi, Union Minister for Mines, Coal and Parliamentary Affairs, who represents the Dharwad Lok Sabha constituency, clarified that there is no such proposal anymore.

Replying to a Lok Sabha question, he said, "Bharat Gold Mines Limited (BGML), a Public Sector Undertaking was incorporated in April, 1972 under the administrative control of the then Department of Mines with its office at KGF. It was engaged in mining and production of gold mainly in KGF and a few smaller operations in Andhra Pradesh. Upon its operations becoming economically unviable, the orders for winding up were issued on June 12, 2000. Operations at BGML were stopped effectively from March 1, 2001. The Union Cabinet on June 27, 2006, approved sale of assets of BGML through an open global tender. The matter went into litigation and a Supreme Court order dated July 9, 2013 permitted the centre to proceed with the global tender as per a decision taken by the cabinet. All the mining leases of BGML have expired and application for renewal of mines in Karnataka is pending whereas the Andhra Pradesh government has terminated all three mining leases. Besides, as per recent amendment of the Minings Act, if the mining lease is not determined then the mining lease will expire in 2023."

A view of the shuttered British Indian Factory at KGF. It used to clean ore to extract gold

"A meeting was held to discuss the course of action with respect to BGML, wherein, it was decided that the department may explore other options for BGML. This was needed to be preceded by exploration of dumps and mining areas to assess the resources and Techno Economic Feasibility Study (TEFS) of the same. Accordingly, Mineral Exploration Corporation Limited (MECL) was assigned for exploration of dumps and two unmined blocks in KGF, MECL submitted its report in 2018. MECL has also done exploration in Betraswamy block of BGML and submitted its report in March, 2021. Further, Non-Ferrous Technology Development Centre (NFTDC) was assigned TEFS for extraction of gold from tailing dumps of BGML. The TEFS report of NFTDC was received in January, 2021. Based on these reports, the management Consultant has suggested that BGML does not look for operationalisation on its own," Joshi said in response to the question.

Fresh to home
6th
Anniversary Sale
WIN 6 GOLD COINS
EVERY DAY*
CASHBACK &
OTHER EXCITING OFFERS
Chicken
(Curry Cut)
₹99/500g
Seer Fish/
Surmai
(Steaks)
₹325/400g
Goat
(Curry Cut)
₹399/500g
2000+ Products
22 Lakh Customers
100+ Quality Checks
No Antibiotic Residue
No Added Chemicals
Order online at: Freshtohome.com | 90 Minute Delivery
*T&C Apply. All prices are inclusive of taxes. Refer the App/Website for more details on gold offer. Offers valid only for today and till stocks last. Images used are for representative purposes only and may differ from the actual products. FreshToHome is only a brand name or trade mark and does not represent its true nature.

4 THINGS TO DO

01 For the brides-to-be

HI Life, a three-day event organised by Hi Life Exhibition, India's trend-setter in fashion and lifestyle exhibitions, offers a vibrant range of wedding wear, bridal essentials and jewellery. If you're a bride-to-be, this is the place to see! From footwear, to bedding to nail art to exquisite clothes, diamond jewellery, bags, furnishings, skincare and so much more will be available to you here. Two days of the event are remaining. Come, take a look before the exhibition ends.
Where: The Lalit Ashok
When: December 11 and 10, 10 am to 8 pm

02 Christmas bazaar

Head to Raintree Christmas Bazaar to fulfill all your festive shopping needs. It will feature an outdoor pop-up on a beautifully manicured lawn, displaying elegant decor for Christmas, clothes, jewellery, home decor, footwear, organic and gourmet foods items and much more. Are you a fan of quiches, tarts, pastries and exotic desserts? If yes, this is the place to go to. **Where: Raintree, No. 4, Sankey Road, High Grounds**
When: December 11, 10.30 am to 6.30 pm
Phone: 9980225469

03 Merry shopping to you

Studio Orenda's artisanal market – Let's Make Merry (Eat - Shop - Create - Laugh) -- is just the place to look for some Christmasy fun. The market will present over 35 different artisanal, organic and fascinating brands, including clothes, which are made sustainably, handcrafted and handmade gift items, eclectic home decor, paper goodies, beauty products, organic food produce, jewellery, yummy bakes, breads and jams, healthy eats and diet plans and even vegan takes on tasty favourites. Sounds yum? That's not all. Momic Amruta, will ensure that good food is followed by good cheer at the market with stand-up comedy on both days for the two-day event. **Where: Studio Orenda (lakeview farm lawns); When: Dec 11 and 12, 11 am–6 pm; Entry: FREE ; Register: On spot**

04 Take a look at lockdown art

Attend a virtual art camp curated by Rajini Rekha in 3 series during the lockdown. Back to the first physical shows in Bengaluru city, Reves Gallery presented the collection on November 29, first. The event is presided by Praveen Sood, IG and DGP, Govt of Karnataka, Prasad Bidappa, Madhu Natraj, Anupama Hoskere, Wanitha Ashok and few more art connoisseurs of the city. Art works of S G Vasudev, Rekha Hebbar, Laxma Goud, KK Raghava, Subramanian Gopalasami, Rajini Rekha and few more artist works are on display at the gallery. Conceptualised by Rajini Rekha during the lockdown, the collection is named, Prolonged Solitude..
Where: Raintree, No. 4, Sankey Road, High Grounds; When: December 11, 10.30 am to 6.30 pm; Phone: 9980225469

Cops take up minor's rape plaint, with much prodding

Girl's mother alleges she was shooed away from police station; activists help out

Bellie.Thomas
@timesgroup.com
TWEETS @Bellie_Mirror

The police department may claim they have zero tolerance towards crimes against women and do attend to certain cases with much alacrity, but as the case of a 16-year-old girl from West Bengal shows, prompt response is selective and rare.

The girl was allegedly sexually assaulted by her neighbour and his friend at a isolated ground near Rayasandra Circle which falls under the Parappana Agrahara police limits on the intervening night of November 9 and 10, between 8 pm and 3 pm. The neighbour is said to have taken the girl along with him saying he wanted to tell her something. He allegedly took her to a secluded place, beat her up and even slashed her hand using a blade. The petrified girl is said to have been unable to react when this man and his fully masked friend then sexually assaulted her. She got home by 3 am and told her mother about what had happened.

A ground near Rayasandra Circle is allegedly spot of crime

Her mother approached the Parappana Agrahara police on November 10 and reported the incident.

However, the cops at the station allegedly claimed to have received information that even the mother's character was in question and allegedly told her so this could happen to the daughter. The victim's mother alleged that she was shooed away from the police station.

On December 6, there was a free health check-up camp for the migrant workers in the memory of late Gauri Lankesh, organised by a few activists including R Kaleem Ullah from the Swaraj Abhiyan. One of the counselors came across this girl who was still in shock and had developed a kind of periodic involuntary movement. When the counsellor spoke to the girl and her mother, she learnt about the matter and conveyed it to the activists as well. The mother also told them they had shifted from Parappana Agrahara to Varthur fearing the perpetrators who kept threatening them. Kaleem Ullah took the girl and her mother in an ambulance and headed to Bowring Hospital and requested the doctors to examine her if the minor had been sexually assaulted. The doctors confirmed that she is indeed a victim of sexual assault and an MLC was registered which was forwarded to the Parappana Agrahara.

The next day, Kaleem Ullah and the victim and her mother then approached the Parappana Agrahara police station and it took them four hours to convince the police about the incident and take up a case. With great difficulty, an FIR was registered under appropriate sections of POCSO, sexual assault and procuration of a minor girl and a spot mahajar was conducted on December 8. The cops then took the victim again for a medical examination to St John's Hospital on the same day.

"Even if the cops have registered a case, I had to guide the cops as to how to go about with the investigation as the incident had happened a month ago," Kaleem Ullah told Bangalore Mirror.

The accused has meanwhile told the police that he is being framed.

TOP HEALTH QUERY THIS WEEK
Omicron Variant Safety Precautions
ANSWERED BY MFINE'S PULMONOLOGIST
Get vaccinated
Wear a mask
Maintain social distance
Get tested, if at risk
Scan this QR code to learn more about the Omicron Variant
mfine

Pact inked with UNDP

The Karnataka Department of Youth Empowerment & Sports has signed a Letter of Understanding with UNDP (United Nations Development Programme) on Friday, as part of the state-level initiative 'Code-Unnati' with the aim of improving access to entrepreneurship and employment opportunities among the youth, including women.

The LoU was signed in presence of C N Ashwath Narayan, Minister for Higher Education, IT/BT, and Skill Development.

The initiative involving United Nations Volunteers (UNV) and supported by SAP India lab's CSR strategies will be implemented in Bengaluru Rural, Ramanagara, Dakshina Kannada, and Raichur, the Minister said. Fifty colleges including ITIs, Polytechnics, and Arts & Science colleges have been identified.

Hate messages on Rawat: CM asks cops to lodge cases

Karnataka Chief Minister Basavaraj Bommai said that action will be taken against those who make disrespectful comments about Chief of Defence Staff General Bipin Rawat, who was killed in a chopper crash on Wednesday in the Nilgiris district of Tamil Nadu.

Chief Minister Bommai said, "Some persons with perverted minds have tweeted derogative, celebratory messages about the death of Chief of Defence Staff Gen Rawat. The police chief has been instructed to take legal action against these elements."

Bommai tweeted, "Offensive tweets and social media posts about the tragic chopper crash in which we lost our #CDSGeneralBipinRawat will not be tolerated. I strongly condemn all such messages and have instructed our police officials to take strict disciplinary legal action against the offenders."

Speaking to mediapersons after casting his vote in the Legislative Council election in Shiggaon, he said, "Every Indian should strongly condemn this act of perverted minds against the man who led the armed forces to defend the country. This perversion cannot be tolerated. They should be punished. The culprits who posted such perverted, derogatory tweets would be traced and legal action would be taken." —Agencies

No.1 in EXPORTS
55 YEARS
VENUS
WATER HEATERS
Keep your family
SAFE AND HEALTHY
With hot water solutions from Venus
FREE INSTALLATION
FREE
Lyra Nexus
Wifi IOT Enabled - Smart App, Modes, Heating Alerts
Megma Plus
Scale Guard Technology
Celo
Heat Retention Technology
Have a hot water bath twice a day
Use hot water for hand wash
Wash vegetables with hot water
Wash clothes with hot water
Venus Home Appliances Pvt.Ltd | Available at All Leading Sanitary and Electrical Counters
For Sales Enquiry: 98452 17840, 9845217840, 9900285640, 8105576903 | Customer Care: 08144666999
Email: customercare@venushomeappliances.com | www.venushomeappliances.com
Find a Dealer: http://www.venushomeappliance.com/dealerlocator
SCAN QR CODE
TO LOCATE DEALER

Get a good deal out of a home loan

There are many ways existing home loan borrowers can leverage the on-going historically low lending rates

Annabel.Dsouza@timesgroup.com

TWEETS @BangaloreMIRROR

A home-buyer who bought their home pre-pandemic, may feel left out with the sense that they have just missed out on all these good deals. However, when it comes to a long-term financial commitment like a home loan, it's never too late to explore ways of bringing down one's liabilities by either negotiating with the current lender or transferring one's loan account to a new lender. In its most recent monetary policy review this month, the Reserve Bank of India (RBI) continued the low interest rate regime to boost consumer sentiment in favour of post-pandemic economic recovery. So why should current home loan borrowers not leverage these low rates?

Anshuman Magazine, chairman and CEO, India, South-East Asia, Middle East and Africa CBRE elaborates, "The RBI's decision to maintain the repo and reverse repo rates at four per cent and 3.35 per cent respectively has come at an opportune time. As loans will continue to remain cheap, we expect residential sales to further increase in the coming months. The RBI's focus on reviving and sustaining growth through its accommodative stance while keeping an eye on inflation is expected to accelerate the economic recovery, as is evident from the central bank's expectation of 9.5 per cent growth in FY 2021-22. Therefore, we are optimistic that this unprecedented growth will augur well for India's real estate market."

Key advantages

A rupee saved is a rupee earned when it comes to a home loan, and with current rates as low as 6.6 per cent, borrowers have much to cheer provided they are aware of their rights. Even if you had borrowed at higher rates prevailing a couple of years ago, now is an opportune time to renegotiate the terms of your loan account. Atul Monga, co-founder and CEO, BASIC Home Loan, a fintech firm advises, "Reduced interest rates benefit home-owners in a couple of ways. Firstly, it brings down the EMI, increasing their savings. Secondly, balance transfer can also reduce the overall tenure of your home loan if you opt for reduced tenure instead of reduced EMI. Lastly, in some cases your new lender may also offer a top-up loan, which can be used to renovate your home. The process of home loan balance transfer is quite similar to applying for a new home loan."

Borrowers with a good repayment track record can avail special rates and discounts when transferring their loan account.

"When opting for transfer, you can negotiate the terms and conditions of your home loan by citing your track record of payments and credit score. This may help you in obtaining a lesser rate of interest, or better benefits than your current lender.

Not just borrowers' profile, but lenders' credibility is also crucial along this process. It is easy to get carried away when a new home loan provider offers a lower interest rate. However, before you initiate a home loan transfer, make sure the new company is a credible one. It is very important to do a background check of the company before you decide to transfer your loan," shares Amit Goenka, MD and CEO, Nisus Finance, an investment advisory.

Bear in mind

To transfer your home loan, do the math first on your current deal to check if a transfer will help you save a considerable amount. "Choosing a new lender for your home loan because they are offering a lower interest rate is not the only criteria. Some borrowers transfer their balance if they are not happy with their current lender's service.

However, calculate the overall cost versus savings you will incur after the transfer process. A transfer is advisable if you have become eligible for lower interest rates due to an improved credit profile or if you have availed home loan at a much higher interest rate. Also, balance transfer should be considered during the early stage of your loan tenure. Most of the interest component is paid during the early stage of the tenure. Hence, the difference in your EMI will not be significant if you transfer at a later stage of your tenure," observes Monga.

The remaining tenure on your home loan is a crucial factor when deciding to transfer your loan account. "Opting for home loan balance transfer in the second half of your tenure is not worth it. If you get a new loan to pay off your existing loan during the last few years of the tenure, you will end up increasing the interest costs on your new loan. Balance transfer process involves processing fees, application fees, administration charges, inspection fees, etc. There will be charges by both, the existing and new lender. Calculate if the cost of a balance transfer is less than your interest amount. When you've chosen a lender for a balance transfer, make sure you read the terms and conditions carefully to avoid any hidden charges. Make sure you know what the new bank has to offer in terms of loan benefits," concludes Goenka.

— Times Property

Process to transfer home loan balance

Step 1: Submit application to present lender: Inform your current lender through a form or letter;
Step 2: Take consent letter or No Objection Certificate (NOC): Once the application process is completed, the lender gives a consent letter or NOC which is a crucial document required by the new lender to initiate the process;
Step 3: Provide necessary documents: Contact your new lender and provide all the essential documents required for the process. After submitting all necessary documents like KYC and NOC, you may also have to submit a copy of your loan balance statements, interest statements, property papers, and a filled application form;
Step 4: Get confirmation from old lender: Once you submit the needed documents to the new lender, you have to wait for a final confirmation from the previous lender about the closure of your old loan account. This means the loan contract has ended, including all terms governing it;
Step 5: Pay required dues and start anew: Once you have signed a contract with the new lender and paid all pending charges to the previous lender, your home loan transfer process is complete. You can now start paying next month's EMI to the new lender.

— Amit Goenka, MD and CEO, Nisus Finance

Documents needed to process a home loan balance transfer:

- Consent letter;
- No Objection Certificate (NOC);
- Current loan agreement;
- Foreclosure letter;
- Home loan statement;
- Property documents;
- Post-dated cheques;
- KYC documents (identity proof, PAN card, etc.); Financial documents (Form-16, income proof, etc.).

– Atul Monga, co-founderand CEO, BASIC Home Loan

Bengaluru to be the next senior living destination

Senior living homes have emerged as a good proposition for the senior populace, especially post-pandemic. Is the city keeping up with the rising demand?

| Shehzin.Shaikh
@timesgroup.com

TWEETS @BangaloreMIRROR

Seniors are among the most vulnerable demographic to the novel coronavirus. Besides, many of them are empty nesters too. Given this context, can senior living communities emerge as an answer to all their problems? Our experts think so.

"The pandemic has had a grave impact on the lives of senior citizens as they are at a higher risk than others. Seniors residing on their own have had to fend for their needs; this also increased the risk of exposure.

And as most of the senior living units in Bengaluru are a part of larger residential housing projects and integrated townships with additional amenities and facilities to cater to the needs of seniors, these developments are seeing an increased interest," says Shrinivas Rao, CEO-APAC, Vestian Global Workplace Services.

Unique features

Seniors staying on their own or in mixed-family condominiums depend on external service providers. Also, in times such as during the pandemic, they are at the mercy of rules and regulations drafted by the Resident Welfare Association – a body whose decisions are guided by majority demands and not by the real needs of the most vulnerable group of residents, says Mohit Nirula, CEO of one of the largest senior living community operators in India. He adds, "In contrast, residents of a senior living community have homogeneity of needs and concerns leading to the right decisions being made for the community as a whole, thereby ensuring a higher quality of life and a lifestyle as close to normal."

Senior living typically refers to dwelling units that cater to the needs of adults aged 55 and above who are looking to live independently in an environment with convenient services, senior-friendly features and access to social activities.

"Other senior-friendly amenities, include provisions for quality food and space for exercise and leisure. The buildings are generally low-rise and have specifications such as wider doors, bigger bathrooms, anti-skid flooring, hand railings, ramps for wheelchair access, etc," adds Rao.

Challenges persist

Bengaluru has emerged as a pensioner's paradise due to its favourable climate, improved connectivity and well-developed social infrastructure."However, Bengaluru needs much greater active participation of leading developers to build integrated retirement communities. Given that demand for such projects is rising in tandem with a relatively healthier ageing population, the current and future supply is still woefully inadequate," says Prashant Thakur, director and head - research, Anarock Group.

Regrettably, most developers lack the requisite expertise, resources and knowledge, and thus refrain from making such long-term commitments. "Some of the key factors that have hindered the growth of these much-needed senior living communities are a dearth of skilled manpower on the supply side, buyer affordability, and in some cases, social stigma attached to separating from a family. In recent years, the overall slowdown in the residential market has also led developers to curtail or postpone many of their project launches," explains Rao.

In the future

Most of the existing and planned senior living projects are located on the outskirts of Bengaluru. The southern and northern regions of the city account for a majority of the senior living units.South Bengaluru, encompassing residential micro-markets such as Kanakapura Road, Sarjapur Road and Anekal, accounts for a substantial number of senior living units while the northern region has several senior living projects located in micro-markets such as Devanahalli, Jalahalli and Chikkaballapur, states Vestian Research.

"Going forward, Bengaluru real estate market will witness developers dabble with various models, beginning with the inclusion of senior living as a part of a larger residential set-up to test the waters before launching full-scale, standalone retirement projects. The segment, thus, is expected to undergo various changes before it matures fully," concludes Rao. **– Times Property**

Such a Smart job

BSCL ruins road near Coffee Board Junction to lay new lanes, leaves behind remains of tar, takes a week to begin work. Motorists say, it is accident-prone now

Pragna L Krupa
pragna.krupa@timesgroup.com
TWEETS @BangaloreMirror

KAUSHIK JN

The stretch is so textured and bumpy, motorists have been slipping and falling here

Bengaluru Smart City Limited's (BSCL's) project near the Coffee Board junction to lay new roads from the junction until Cubbon Park, included tearing apart the road leading to Vidhana Soudha. The road, 500 metres away from the junction is uneven and has been in a bad state for a week now, but the Smart City is yet to begin other works.

Two-wheeler riders are struggling to ride on the road as it is easy to skid on this stretch. Many slipped and fell near the Cubbon Park Traffic Police Station while taking a turn at the Coffee Board junction due to the broken asphalt scattered across the road.

They even brought the issue up with the traffic police personnel standing at the junction, asking them to look into the matter. The road connects to Vidhana Soudha, GPO and Raj Bhavan, it is an important stretch.

Tarun, a resident of Sadashivanagar, said that the tarred road was ripped apart last week and has been left unattended since.

"It is very difficult to ride here as we can easily skid and fall while taking a right turn at Infantry Road. While using the lane, I have seen at least two to three food delivery agents skid as they were in a hurry and did not realise the road was ripped off.

The road towards Raj Bhavan too is in the same condition and I was trying to take a right turn towards Cunningham Road and almost landed under the car which was behind me. This is the centre of the city and yet the roads are bad," he said.

Tarun pointed out that if Smart City was planning to start the road work, it should have at least cleared the remains of the asphalt to make the road even on one side so it was motorable.

"This is very dangerous as it's a busy junction connecting to Vidhana Soudha and vehicles can easily run over us (two-wheeler riders)," he said.

> **"This is the centre of the city and yet the roads are in a bad condition**
> – Tarun, a resident of Sadashivanagar

Smitha, an advocate, said that the road was in good condition before and was torn apart for no reason. "There were no potholes and the road had no issues.

They removed the tar to asphalt it again and then they took up the work and forgot to complete it. It's been a week and they are yet to asphalt it," she said.

An official from the Cubbon Park Traffic Police Station said that the Smart City will work on the stretch soon and it has removed the tar to lay new lanes.

"We have written them letters asking them to speed up the work as it's been a week and it's causing inconvenience to motorists. They will be asphalting it on Friday night and complete the work," he said.

Another year in the shallows

More than a decade later, 110 villages may need to wait one more year to get Cauvery water

Prakash VL
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMIRROR

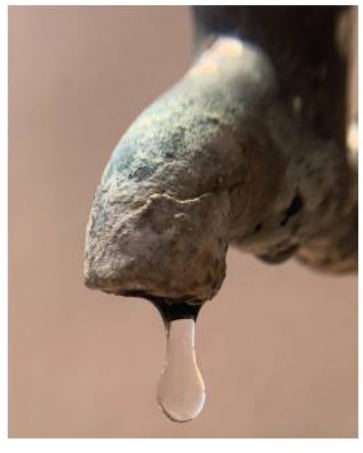
Those living in and around the city's periphery may need to wait for one more year to get piped Cauvery water. Although the work on the fifth stage to provide Cauvery water connection to 110 villages began a decade ago, the entire project may get completed only next year.

The Japan International Cooperation Agency (JICA) has loaned Rs 5,500 crore for the project. JICA has given a deadline of August 2023 to complete the project. But BWSSB wanted to complete the project by December 2022. The work is speeding to reach the desired target. The water from the Shiva balance reservoir is treated in Thorekadanahalli (TK Halli). There are pumping stations in Thorekadanahalli, Harohalli and Tataguni. A pipe with a diameter of 3,000 mm is being laid between TK Halli and Vajarahalli, which is an 80 km distance. This work has been taken up under nine packages. There is also the main pipeline of 114 km from East to West. These pipes will provide water to ground-level reservoirs.

The 80 km stretch of TK Halli to Vajarahalli pipe installation is 30 per cent done. The works on the water treatment unit, pumping station, and ground-level water storage facilities are also in progress. The latest pumps and motors are imported by Japan, Sweden and Austria.

Water to 50 lakh people in 2049

By 2049, the population of these 110 villages is expected to reach 50 lakh. There is another project of providing 110 MLD of water from the Thippagondanahalli reservoir by rejuvenating it at a cost of Rs 300 crore. Currently, the old pipes are being replaced with new ones along with construction of a water processing unit. This project has seen 65 per cent completion so far.



> **"JICA has given us August 2023 as a deadline. The work will be completed before that** – A senior BWSSB official

According to a senior BWSSB official, "JICA has given us August 2023 as a deadline.

The work will be completed before that. The target is to supply water to 110 villages by December 2022. The work has progressed beyond expectations despite the pandemic." The pipeline network will fetch water to 11 villages in Dasarahalli, 33 in Bommanahalli, 23 in Mahadevapura, 17 in Rajarajeshwari Nagar and 26 in Byatarayanapura constituencies.

Currently, BWSSB is building seven ground-level water reservoirs for the project with each having a capacity to store 260 MLD of water.

whatsapp MIRROR 9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

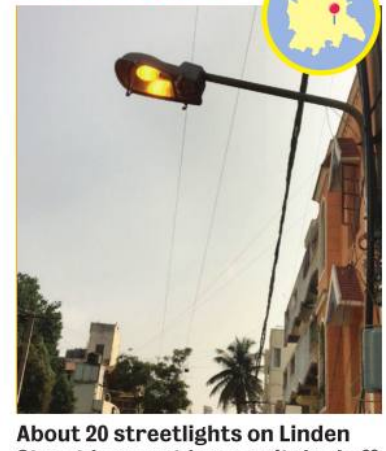
Incomplete work
Indiranagar

The pavement near Cambridge Layout requires works that have been left incomplete. The contractor is yet to lay some tiles.

Road block
HSR Layout

Pedestrians are forced to walk on the road as the footpath here is blocked by a shop, which is encroaching the space.

In broad daylight
Victoria Layout



About 20 streetlights on Linden Street have not been switched off even during the day since Saturday.

Tip-top trousseau

How to shop for the big day without breaking your bank

Rishma Shah
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

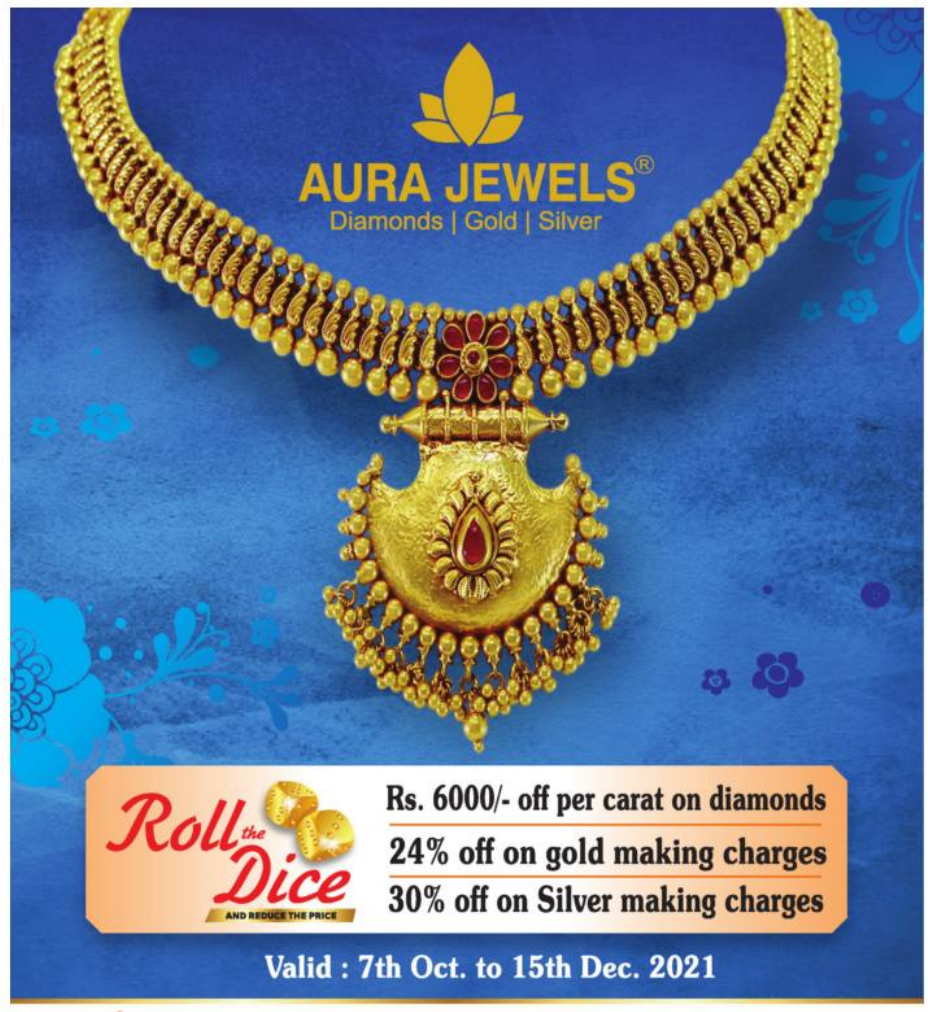
We know you want to look marvelous from head to toe for all of the ceremonies for your wedding. You've decided on your mehendi sharara, sangeet Anarkali, jewellery, and so on. But one look at the price tags makes you feel like your heart is sinking—everything appears to be way out of your budget. So below, we have brought together some budget-friendly tips to make your trousseau shopping easier.

Outfits: Go for classic and timeless pieces rather than the latest trends, as they may go out of style. If you enjoy saris, invest in basic silk saris such as Kanjeevaram, Banarasi, and South Silk. They will never be out of trend, so you'll be able to wear them later too. If opting for lehenga, opt for one in colours you can mix-n-match with multiple others. This way you can wear your lehenga again but still look different.

Bags: Before you go out and buy a bunch of new ones, have a look at the ones you have and see if they can fit into your trousseau. A reasonable purse, a hobo bag, and a striking clutch are all worthy investments. These are the types of bags you'll need after your wedding. Potli bags are also a good option because they go well with Indian wear.

Jewellery: Look for heirloom pieces, like those that have been passed down the generations. You can have them polished or tweaked. A lot of retailers these days specialise in one or two gram jewellery, which is made of copper or silver, but coated with gold and might be a decent alternative to pure gold. You can invest in such pieces to save money because buying all pure gold can strain the budget.

Footwear: Always choose footwear that is comfy. You should be looking for one pair of footwear that will match most of your Indian wear. If you can't wear heels, juttis are a good alternative. There are numerous Instagram stores that sell high-quality, comfy juttis. If you must wear heels, choose wedges or platform heels because they are more comfortable. Choose a few ethnic shoes, including heels and flats, depending on what you can wear. Also, invest in a good pair of sneakers, as they go with most western clothing and will keep you comfy on your honeymoon travels.


AURA JEWELS®
Diamonds | Gold | Silver
Roll the Dice
AND REDUCE THE PRICE
Rs. 6000/- off per carat on diamonds
24% off on gold making charges
30% off on Silver making charges
Valid : 7th Oct. to 15th Dec. 2021
AURA JEWELS®
Diamonds | Gold | Silver
No. 297, 1st N Block, Opp. Vidya Vardhaka School, Rajajinagar, Bangalore-560010
Mob : +91 9611948081 | Ph : 080-23321188/89
Shop online at www.aurajewels.in
BIS Hall Mark Jewellery 916
Valet Parking available
DIAMONDS | GOLD | PLATINUM | GEMSTONES | SILVER

DOORSTEP DELIVERY
DS MART
GET WHOLESALE PRICE
SPECIAL OFFER
QUALITY IS OUR FIRST PREFERENCE
DRY FRUITS
Almond California 250 gm Rs.195/-
Cashew w 320 250 gm Rs. 240/-
Salted Pista fine 200 gm Rs. 240/-
Anjeer Clasic 250 gm Rs. 290/-
Anjeer Premium Bold 250 gm Rs. 390/-
Walnut Inshell Fine 250 gm Rs. 220/-
Walnut Open 200 gm Rs.290/-
Dry Grapes Classic 250 gm Rs. 70/-
Dry Grapes Premium 250 gm Rs. 85/-
Dried Apricot 250 gm Rs. 140/-
Makhana Seeds 250 gm Rs. 210/-
Dry Dates Jumbo 250 gm Rs. 90/-
Seedless Dates 1 kg Rs. 159/-
Ajwa Dates 250 gm Rs.290/-
Organic Dried Kiwi 250 gm Rs.160/-
Orgnic Dried Amla 250 gm Rs.80/-
Apricot Turkel 250 gm Rs.160/-
SEEDS AND SPICES
American Pumkin Seeds 250 gm Rs.149/-
Organic Chiya Seeds 250 gm Rs.99/-
Organic Sunflower Seeds 250 gm Rs.119/-
Organic Watermelon Seeds 250 gm Rs.89/-
Organic Flex Seeds 250 gm Rs.49/-
Orginal Khus Khus 100 gm Rs.240/-
Organic Cinamon 250 gm Rs.119/-
Organic Cloves 250 gm Rs.239/-
Pepper Big 250 gm Rs.189/-
Jeera 250 gm Rs.70/-
Cardamon Long 100 gm Rs.240/-
Methi 250 gm Rs.39/-
White Till 250 gm Rs.79/-
Black Till 250 gm Rs.50/-
Mustard 250 gm Rs.40/-
GROCERIES
Premium Big Dry Coconut 1 kg Rs.240/-
Kolapuri Jaggery 1 kg Rs.65/-
Organic Tamarind Seedless 500 gm Rs.89/-
Organic Red Kalsakare 500 gm Rs.90/-
Coriander Seed Fine 500 gm Rs.89/-
Byadagi Chilli 500 gm Rs.149/-
Guntur Chilli 500 gm Rs.129/-
Orginal Shivling Toordal 1 kg Rs.125/-
Fine Channadal 1 kg Rs.99/-
Fine Rosted Grahm dal 1 kg Rs.119/-
Peanut Big 1 kg Rs.149/-
Green Moong Dal 1 kg Rs.119/-
Moong Dal 1 kg Rs.115/-
Urad Gola 1 kg Rs.137/-
Organic Brown Rice 1 kg Rs.89/-
Organic Red Rice 1 kg Rs.69/-
Sona masoori raw rice old 1 kg Rs.49/-
COMBO OFFER
Almond California 250g
Cashew w320 250g
Salted Pista fine 200g
Dry grapes classic 250g
Dry Dates Jumbo 250g
Rs. 799/-
Purchase above Rs.2500/- Get Honey Dry Fruits 250g worth Rs.130/- FREE
www.dsmartt.com
Whatsapp To Order / Call To Order
78994 86551 / 7899486531
No 2, Krishna Garden Main Road, Balarama Layout, RR Nagar, Bengaluru - 560098

A twin-engine aircraft has landed in Jakkur

Govt flying school gets just the plane it needs for complete training

Prakash VL
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

As a precursor to the reopening of the Government Flying Training School, Jakkur, a twin-engine aircraft made a successful sortie from the airport recently. As per the Directorate General of Civil Aviation (DGCA) rules, a commercial pilot needs to have a minimum of 200 hours of flying experience. Of this, 185 hours should be of single engine and 15 hours of twin-engine flying.

Earlier, there was no provision for the flying of twin engine aircraft at Jakkur. So, the candidates studying at Jakkur school used to fly 185 hours of single engine flight in Jakkur and then would scout for different flying schools in other states to gain the experience of flying twin-engine aircrafts.

So, a twin-engine aircraft has been purchased by the flying school at a cost of Rs 5 crore. From now on, students can fly both single and twin-engine aircrafts for the requisite 200 hours of flying at the Jakkur aerodrome. Currently, the Jakkur school has five single engine aircrafts and a newly added twin engine one. Officials from Directorate General of Civil Aviation (DGCA) visited the Jakkur aerodrome for testing recently and their approval is awaited for the official inauguration. The current runway at Jakkur aerodrome is 974 metre long. The additional land reserved for the extension of the runway has been allocated to the proposed elevated corridor. Hence, additional three acres of land was acquired and the runway was expanded.

There is also a proposal to add a commercial complex and make the school that has been shut for the last four years a key tourist spot

The school has been shut for the last four years. There is also a proposal to add a commercial complex and also make this a key tourist spot. Until now there was a non-scheduled aircraft landing and parking facility at Jakkur Aerodrome. But there was no provision for scheduled aircraft landing. Now, it has been permitted to use this aerodrome to facilitate tourism. Scheduled aircraft landing is set to begin in the coming days.

As per the Directorate General of Civil Aviation norms, there should not be any building above the height of 45 metre in the five-kilometre radius from Jakkur aerodrome. However, there have been gross violations and many high rise buildings have come up in the recent past. Hence, a joint survey was conducted with BBMP which has identified seven buildings which are violating the order.

Arms licence for status quo

CONTINUED FROM PAGE 1

while applying for the licence. Now, the businessmen are indeed thanking the city police for making the process hassle free.

Ravi Prasad* (62), a city based businessman who has applied for the licence online said he had never felt the need to apply when it was an offline process after seeing his friends struggle for months to get the licence. However, after the city police made the process online, he decided to apply as he didn't want to be left out.

"Earlier, when my friends applied for an arms licence, they had to run around for about eight months or so. Some even spent a lot of money to bribe the officials for the approval of documents. A few friends even gave up on tracking the application. Those who had the licence felt more confident and protected while stepping out. Though I wanted it, I hadn't applied. Some of my friends applied through the online process last month and informed me the process was completed in simple steps. I'm a senior citizen. I feel threatened when I step out for a business deal. I didn't want to be left out and decided to apply for the arms licence to feel more confident. It's about social standing as well," he said.

A senior police officer said the number of new applications has gone from 15 to 30 a month after the process went online.

"The website was launched on September 30 and in mid October, we made it mandatory to apply online. We received 432 applications through the website within two months. About 95% of people apply for a licence for self protection while the remaining 5% for sporting purposes. Majority of them are businessmen, realtors and retired police and army officers, who feel the need for self protection. We also issue arms licence for VIPs and security personnel," he said.

Giving credit to DCP James, for taking up the initiative and setting up the online portal, commissioner Pant said: "The portal gives clear directions with easy steps where people can apply for the licence without having to visit the commissioner's office. They can submit all the required documents online and track the process.

The police verification used to be pending in jurisdictional police stations for various reasons and people were made to run around to get the verification completed but now, it's simplified. Even the stamping of the licence can be done through speed post. We have a dashboard which tells us which clerk/officer has not completed the task. It's far easier to follow up."

(*name changed)

RAJMOHAN SUDHAKAR

EVER CHANGING MOODS

Write to him at c-rajmohan.sudhakar@timesgroup.com

Origin of species

It seems as though the basic tenets of scientific inquiry are thrown out of the window as we fail to arrive at a consensus on the origins of the strain of coronavirus that continues to wreck ordinary human lives, even after two years into the pandemic.

Just the other day, stories appeared about a 'stealth version' of the Omicron variant in the UK that may be 'harder to track' alongside a breakthrough Omicron infection after receiving the booster dose.

Are viruses the most intelligent organisms we have ever known, constantly anticipating our next move? Well, there goes human ingenuity, or is it indeed that? Troubling questions abound.

Yet, reports diving deep into such natural curiosities about the bizarre nature and origin of this coronavirus are hard to come by in the scope of news and analysis that we have access to in this part of the world. Why is that so? Why are we always lambs to the slaughterhouse?

The effort of the neoliberal global establishment and power centres to gently nip the curiosity in the aforementioned direction appears rather strange if not dubious. Every time the discussion seems to centre around the origins of covid-19, efforts are on in no time to shift focus elsewhere and be on the defensive.

An in-depth piece by Nicholas Wade on the origins of the virus was snubbed by the so-called mainstream 'woke' media for its 'sensational' revelations. In the recent past, as far as I recollect, just Wade's somewhat longish article stands out.

We are not simulating war games here, are we? No. We are indeed dealing with the biggest catastrophe of our time, or so we are told. That is precisely why we need to know how and why we are at this juncture now.

The deeper you dwell into this, it gets murkier and murkier as we squirm on the surface without clues: evidence that would have helped us to run this monster of a mutating virus down.

Vaccines and boosters reining in the severity of the infection and such measures that treat the symptoms, all of that seem well. However, this pandemic has shortchanged the most vulnerable sections of our society in the past year and a half. This is the hard fact we need to confront in our country.

In emerging economies like ours, where social welfare is as distant as securing a proof of identity, more and more it feels as though covid-19 is being used to disenfranchise everyone but the ultra elite, nevertheless the poor, rendering a billion or more lives into further uncertainty. The institutional quarantines, covid negative certificates, vaccines, job losses, deaths and so on; is the state providing any relief whatsoever in earnest? The free vaccine came after a wee bit of pressure if you will.

Development II, 1939 woodcut by MC Esher

The travel restrictions imposed and the strip-search nature of boxing individuals who are out to make ends meet are surely nothing but the violation of fundamental rights. Somehow, it has to be read together with the sheer disinterest amongst the politicos and affluent the world over to get to the root of the problem: the origin of this sinister virus which seem to not affect the filthy rich at all — for instance, trips to outer space when the pandemic was raging back on earth. How inhumanely absurd these fellows are, one wonders. Perhaps, owners of the insanely rich business monopolies wanted to take a peek at how others are suffering from a vantage point in outer space.

Each time a person is required to undergo an RT PCR test, the hospitals in the global south make a killing. Somehow you are forced into thinking, have the health professionals made this a new business proposition as individuals are seldom visiting clinics and hospitals post pandemic for treating other ailments?

We have witnessed protests in other nations such as Spain and the UK, and other relatively advanced societies, against arbitrary measures imposed without proper planning in the wake of the pandemic. No outrage of that sort here, from us lambs. Shunning opinion leaders who question the logic and rationale behind measures taken does not make sense either. Decisions cannot be made based on knee-jerk rhetoric of social media mobs.

Not acknowledging the plight of ordinary citizens, especially the children and elderly from the outset, 'as we have no record of migrant workers dying while walking home or deaths of protesting farmers camped outside the national capital' in pandemic years, is cardinal sin if not blatant misuse of power.

The pitiful state of the media or a rather subservient media in the time of covid-19, is the worst thing to transpire during a disaster of this scale: it has a definitive bearing on our inability as a global collective to zero in on facts about how such a malignant virus came to be.

Hospitalised Omicron patients free in 10 days

Nandini S
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMIRROR

With the city reporting two cases of Omicron strain and the numbers expected to rise in the future, the health department has come up with a specific hospital discharge policy for Omicron patients.

The patients suffering from mild infection can be discharged after 10 days of symptom onset. The discharge will be made if the patients meet a certain criterion -- no fever and no symptoms for the last three consecutive days (without antipyretics) and the patient maintaining a saturation of above 95 per cent for four consecutive days (without oxygen support). The patients will be discharged only after two negative RT-PCR reports 24 hours apart. If the report is positive, the swab test shall be repeated after 48 hours. At the time of discharge, the patient will be advised to quarantine themself at home and self-monitor their health for seven more days. Following discharge from the hospital, the district surveillance officer (DSO) will follow up these persons at their homes to check their health status. They shall be followed up by the tele-monitoring team in the community and have to use the quarantine app. During home quarantine, a RT-PCR is repeated on the sixth day of home quarantine and only a negative report will free them from quarantine. All the patients advised home quarantine after discharge need to watch for onset of any new symptoms like fever, cough, breathlessness, chest pain, weakness, etc. If any of these symptoms are found, they are immediately advised to consult a doctor/physician. If there's no facility for home quarantine, institutional quarantine is advised.

The patients will be discharged only after two negative RT-PCR reports 24 hours apart. If the report is positive, swab test will be done after 48 hours

The patients with moderate infection will be discharged after 10 days of symptom onset. Severe cases including immunocompromised HIV patients and transplant recipients will be discharged after complete clinical recovery with no fever and no symptom(s) for the last three consecutive days before discharge (without antipyretics).

K'taka is 4th accident hotspot in country

Tiny dip in cases is primarily due to lockdowns and restrictions imposed due to covid

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

Karnataka accounts for 9.4 per cent of the total black spots in the country

Karnataka is ranked fourth in the country in terms of maximum accidents. As per the latest report (related to accidents in 2020), Karnataka reported 34,178 road accidents which is 9.33 per cent of total accidents in the country. Our state is behind Tamil Nadu, Madhya Pradesh and Uttar Pradesh in this dubious feat.

However, if we look at the accident numbers of Karnataka, there seems to be a slight decrease and this is primarily due to a number of lockdowns and restrictions imposed due to covid. In 2017, the State had reported 42,542 cases; 2018 - 41,707 and 2019 - 40,658. The major causes of accidents on the National Highways (NHs) are vehicle design and condition, road engineering, over-speeding, drunken driving/ consumption of alcohol and drugs, driving on the wrong side, jumping red light and usage of mobile phones among others.

There should be a change in the pattern of accidents in the country. In India, there was a 2.12 per cent increase in accidents in 2017 (53,181) compared to 2016 (52,075) and 1.63 per cent increase in 2018 (54,046). However, there has been a decrease of -0.32 per cent in 2019 (53,872) and -10.93 per cent in 2020 (47,984).

3 in black spots

Karnataka has the third highest number of black spots in the country. According to the latest information from the transport ministry, Karnataka accounts for 9.4 per cent of the total black spots. The road accident black spot is a stretch of national highway, of about 500 m in length, in which either five road accidents took place during the last three years or 10 fatalities (in all three years put together) took place during the last three calendar years.

Major causes of accidents are vehicle design and condition, road engineering, over-speeding, drunken driving/ consumption among others

According to statistics (201-20), there are 5,803 black spots on national highways in the country. Out of them, 551 are found on Karnataka highways. The highest black spots are found in Tamil Nadu (748), followed by West Bengal (701). Traffic experts said that the report highlights the sorry state of affairs on the highways. With most of the highways being tolled, the maintenance was expected to be of high quality. However, vehicle users are encountering numerous potholes, bad stretches even after paying a hefty toll.

India third worst in the world

India ranks third in terms of total accidents, across 199 countries as reported in the World Road Statistics, 2018. India's incidence of accidents is 36 per lakh people which is much less than that of many developed and developing countries like the USA (684), Japan(393), Iran(365) and Turkey(233).

Top 10 countries of road accidents

- US -22,11,439
- Japan - 4,99,232
- India - 4,80,652
- Germany - 3,08,145
- Taiwan - 3,05,556
- Iran - 2,93,305
- South Korea - 2,20,917
- China - 2,12,846
- Turkey - 1,85,128
- Italy - 1,75,791

Most building violations in RR Nagar

The Raja Rajeshwari Nagar zone has the maximum number of building violations in the city. According to statistics from the BBMP, the civic agency had surveyed 1,272 buildings in RR Nagar zone and out of them, 95 per cent of buildings (1,207) have been built with deviations. Among the other zones, 83 per cent of 1,215 surveyed buildings have deviations in the south zone. East zone has 734, west - 727, Mahadevapura - 514, Yelahanka - 474, Bommanahalli - 409 and Dasarahalli has 271 buildings which have been violated of BBMP rules.

Meanwhile, the High Court on Thursday directed the BBMP to act on illegal buildings within three months. Of the 1.3 lakh buildings surveyed, BBMP issued notices to 16,286 building owners asking them to submit documents to prove their buildings are not unauthorised constructions. BBMP officials claim that three buildings violating rules have already been demolished. So far, 1,712 replies have been received.

Bounce ups game, partners with NoBroker

Bounce, has announced a new partnership with India's first realty start-up Unicorn - NoBroker.com. With this partnership, Bounce gets access to over 1 lakh Nobroker.com locations across India.

This smart solution will be largely available across residential welfare societies (apartments, standalone buildings, gated societies etc.); making it extremely convenient for consumers to access the nearest swapping station on their Bounce App.

Through such prominent partnerships, Bounce aims to set up battery swapping stations within one kilometre of wherever its customers are and also build a robust swapping infrastructure.

—Agencies

RERA Reg. No. PRM/KA/RERA/1251/309/PR/181122/002152. Details available at www.rera.karnataka.gov.in

PAY 10% NOW &
REST ON POSSESSION*
NO HOME LOAN. NO EMIs.

1 BHK - ₹44 Lakhs onwards*
JUST ₹4.4 LAKHS NOW*
REST ON POSSESSION*

2 BHK - ₹71 Lakhs onwards*
JUST ₹7.1 LAKHS NOW*
REST ON POSSESSION*

BRIGADE
PARKSIDE
—NORTH—
GANGAMMA CIRCLE, JALAHALLI

Call: 080 4647 4010 · 1800 102 9977

BrigadePSN.com *T&C apply

TO BOOK YOUR TIMES INTERACT ADS
Stay safe. Stay home.
Call/mail us for contact-less ad booking. To book your Times Interact ads
Call 080-23338111 / 9986482217
Email: ebenezer.winston@timesgroup.com
All digital payment solutions available

real estate

BANGALORE PROPERTIES

BANASHANKARI

FOR Sale BSK 3rd Stage BDA (30x40) Luxurious & well maintained 4 BHK North Door & East facing site. Price 2.90 crores Call - 9845034202

DEVANAHALLI

NCN ORCHID Park villa Plots@Devanahalli Town, municipal A khatha, Ready to built villas 9900322155

MG ROAD & AROUND

EMBASSY Oasis St Jhon's Road posh 4 bhk flat for sale with S/R, 4100sft 3 car parks higher floor with all amnenties, new interiors immediate settlement-- 9845022510

VIJAYA NAGAR

5400 sq ft with 1770 sq ft excess land very close to Hoshalli (Vijaynagar) Metro railway station. All other benefits being close the Metro station are also applicable.Brokers excuse. Call 9880818222

ESTATE & PROPERTIES

CHARTERED
PREMIUM
SITES
Near Nelamangala Town
CHARTERED
VEDA
Price starting
Rs. 29.27L*
RERA Approved
Contact:
9900592343
RERA Registration No.: PRM/KA/RERA/1250/307/PR/170824/000076
log on to www.rera.karnataka.gov.in
*Registration and Stamp duty extra.

FOR SALE

BANGALORE

IMMEDIATE Sale Nandi Retreat Gottigere 2BHK, 990sq,1st Flr, South Facing, 7yr Old,A Khata, Gated, 50L Nego #8971244911

THE TIMES GROUP

Readers are recommended to make appropriate enquires and seek appropriate advice before sending money, incurring any expenses, acting on medical recommendations or entering into any commitment in relation to any advertisement published in this publication. The Times Of India Group doesn't vouch for any claims made by the Advertisers of products and services. The Printer, Publisher, Editor, and Owners of The Times Of India Group publications shall not be held liable for any consequences, in the event such claims are not honoured by the Advertisers.

jobs

SITUATION VACANT

ADMINISTRATION

DELIVERY BOYS

SWIGGY
EXCITING JOB OPPORTUNITY IN BANGALORE !
₹ 20,000 to 25,000 Per Month
We want Delivery Executives
Full Time & Part Time
Weekly Payouts
Walk-in Interview
#6, AVS Compound, 80 ft Road, Koramangala, Blr-34
Near Sony Signal, GKB Opticals
Interested? Call:
080-45685189

MARKETING, ADVERTISING & SALES

MARKETING

A Leading Industrial Material Supplier requires MARKETING EXECUTIVE: 2-3 year experience, age between 30-35 years with knowledge of cutting Tools/ Abrasives. Fluent in English, local languages must. qualification: MBA, Mechanical Engg, DME. Vacancy at Peenya and Dobespet. Attractive salary & other benefits Call: 9844024207 , 9538869067 "JET ENTERPRISES" , F-8 490(A) 4th phase, Peenya Ind. Area, Bengaluru-58 jetent erpriseskishore@yahoo.com

SALES

Reputed Construction Company in Bangalore
REQUIRES
1. Sales & Marketing Executive (Male)
With 3-5 years experience in Real estate field
2. Pre sales / Telecaller (Female)
With 1-2 years experience in Real estate field
Interested candidates may email their CV to
hr@shravanthigroup.com
sales@shravanthigroup.com
Ph: 080 22445889 / 42181588

OTHER VACANCIES

MULTIPLE VACANCIES

mLAC
Excellence In Education Since 1972
Maharani Lakshmi Ammanni College for Women Autonomous
(Affiliated to Bengaluru City University)
18th Cross, Malleswaram, BLR–12
Ph: 080 23349311, 23565727
E: mlacw@mlacw.org
RECRUITMENT OF STAFF
ASSISTANT PROFESSOR
in Kannada, Hindi, Commerce, Computer Science and Physical Instructor.
Eligibility: Minimum 55% marks in Post Graduate degree from any recognized University.
For Teaching Positions:
•Ph.D in relevant subject
•NET/KSET and teaching experience will be considered.
Other Vacancies
• Office Assistant
Eligibility: Graduation / Post Graduation with experience
• System Administrator
Eligibility: Graduation / Post Graduation in Computer Science with experience
Interested candidates can apply on or before 15th Dec 2021 to Admin. Office or email admin.autonomy@mlacw.org

WANTED Immediately Telecallers (F), Field Executive (M), Salary + Incentive. Direct Company Appoint. Bangalore. Mob : 9606060211, 9606060220

REQ. Field Exe., Telecaller (M & F) & Team Leader, For Banking Loan Collections. Contact: (9AM-6PM) 7406982861, 8951450742, 7019700755

FREEDOM INTERNATIONAL SCHOOL
(Affiliated to the CBSE. Affiliation No.830183)
WANTED: Experienced PGT (B.Ed.) Full Time / Part Time (English, Math, Physics, Biology, Mass Media, Political Science, Economics, Entrepreneurship, Applied Math, Computer Science) -Rémunération ₹66,000+
TGT & PRT (B.Ed all subjects) with excellent spoken English. Remuneration ₹60,000+ & ₹58,000+ pm respectively.
School counsellor, Librarian, Art, Drama, Music, Sports,Yoga
Please email an updated Biodata with Photo to:
Email: careers@freedom-international.in
Website : https://www.freedom-international.in
Contact : 080-25729825/26, 98804 70003.

RELINQ DEED NO. 76 DT:25.04.2015
RK ENTERPRISES DEVELOPERS & BUILDERS
DTCP APPROVED Site FOR Sale
The California Holiday Village AFTER
INTERNATIONAL AIRPORT ON NH-7
FREE Club Membership
Ready For Registration
World Class Amenities
Bank Loan Available
Rs. 449/- Per Sft Onwards
CALL FOR MORE DETAILS :
8880 665 577
Site dimension: 30x40 onwards

PART TIME JOBS

CAREER offer for Rtd Govt/ Bankers, Ex ser, NRI s, House wife, 'Start 2nd Innings of UR life' Big Money/Incentive Work from home. Call: 9731888752.

WORK FROM HOME

EARN 50000 PM Zero Investment free online training from Top Co fr Rtd officials/Bankers /CA/ Housewives /Tax consultant Call: 9035060141, 9538820130

JOB OPPORTUNITY MNC Looking for PUC & Graduates, 25 To 65 Years Old. Those Who are Interested in Malleshwarm. Call: 7019215243/ 9886641282

RESEARCH & DEVELOPMENT

R & D AND QUALITY CONTROL

URGENTLY wanted experienced QA, QC personnel for Electromagnetic products supplied for Defence and Aerospace. Minimum experience of 10 years. Very competitive remuneration. Vita Technology Pvt. Ltd., Contact: 7899752257/ 9686203434 vitatech@vitatechindia.com

personal

CHANGE OF NAME

I SOMU N S/O NAGARAJU R / O # 94/472 BHAVANINAGAR B S K 2 N D S T A G E BANGALORE - 560070 HAVE CHANGED MY NAME AS B L SOMASHEKHAR S/O L A K S H M A I A H VIDE AFFIDAVIT DATED 3-12-2021 BEFORE NOTARY GANESH GOWDA M V BANGALORE

I Srinivasamurthy R, (Father), Res@ 37/20/6, 11th cross, Health layout, annapurneshwarinagar, bangalore-560091, have changed my minor's daughter name from Dhriti. S to Vybhavi. S vide affidavit Dt. 9/12/2021, sworn before Notary H.R. Karunakara, Bengaluru.

I Srinivasamurthy R, (Father), Res@ 37/20/6, 11th cross, Health layout, annapurneshwarinagar, bangalore-560091, have changed my minor's Son's name from Pranav. S to Atharva . S vide affidavit Dt. 9/12/2021, sworn before Notary H.R. Karunakara, Bengaluru.

I, Pavan Kumar/pavan Hosurkar S/o Ramanna Hosurkar R/o C-503, Tg Ascent, Chikkanagamangala, Near Rayasandra Lake Off Hosa Road And, Sarjapur Main Rd, B'luru- 560099 have changed my name to Pavan Kumar Hosurkar for all purposes.

I, Jyoti Bhat W/o Dinesh.N R/o No.619/1, GKVK cross, Shell petrol bunk, Byatarayanapura, Sahakaranagar PO Bengaluru 560092 have changed my name to JYOTHI DINESH affidavit Dt.09/12/2021 notary Harisha.G Bengaluru

I Vadrevu Kameswara Sai Anugnya D/o Vadrevu Kameswara Suresh R/o No 111, Jalvayu Towers, NGEF Layout, Sadananda Nagar, Bengaluru - 560038 have changed my name to Vadrevu Kameswari Sai Anugnya for all purposes

I Shirin Fakhruddin Dada W/O, Fakhruddin Salehbhai Dada R/o No 88/2 Dream Home Apart Flat No 301 4th Floor Gottigere B G Road Bangalore 560083 have changed my name to Shirin Fakhruddin

I Mohamed Mushtaq Ahmed S/O, Mohamed Ghoush R/o No 50 12th Cross Padarayanapura Mysore Road Bangalore 560026 have changed my name to Mohammed Mushtaq

I Sunitha D/o Mahadevappa & W/o Krishna R/o No.176, K u v e m p u n a g a r a , Bestammanahalli, Anekal Tq, B'lore - 562 106 have changed my name to Manjula M Vide affidavit dated 31.08.2021 sworn before notary N Sreekanta Sastry Anekal Town,Blore -06

GALLERIA
homefirst
We'll take you home
*T&C Apply
Home loan even without Income proof!
900 3133 277

Votes cast, wait begins

With over 99% voter turnout for elections to 25 seats, results on Dec 14 hold key to power equations

Voters get their hands sanitised as they enter the polling booth in Sulikere near Bengaluru on Friday

An estimated over 99 per cent voter turnout has been recorded during the biennial election to the Karnataka Legislative Council's 25 seats from 20 Local Authorities' Constituencies on Friday, the results of which will have a bearing on the power equation in the Upper House of the State Legislature.

The polling that began at 8 am on Friday ended at 4 pm. The results will be declared on December 14. "The polling process concluded peacefully," the office of the Chief Electoral Officer, Karnataka, said in a statement. According to the tentative poll turnout data shared by it, all the constituencies recorded over 99 per cent turnout till 4 pm.

Out of the total 90 candidates in the fray, 20 each were from BJP and Congress, six from JD(S), 33 independents, and rest were all from smaller parties. There was only one woman candidate in the fray, contesting from Chickmagalur constituency. The electorate for this election comprises legislators, elected members of urban and rural local bodies. Unlike legislative assembly or Lok Sabha polls, the council contests are decided by preferential votes. he election was necessitated as the term of 25 incumbent MLCs — 14 Congress, seven BJP and four JD(S) — ends on January 5.

The poll outcome will have a bearing on the power equation in the 75-member Upper House, where the ruling BJP wants to gain a majority.

The BJP that has expressed confidence about winning maximum seats needs to win at least 13 seats to secure a majority. The good performance in this election will also be a morale booster for the party after losing Hangal seat in the Chief Minister Basavaraj Bommai's home district of Haveri during the recent Assembly bypolls.

The Congress too is determined to win maximum seats to keep the BJP away from gaining control of the upper house; while JD(S) has expressed confidence about winning all the six seats it is contesting in.

With the aim to get a majority in the Council, State BJP strongman and former Chief Minister B S Yediyurappa, ahead of the polls, openly sought JD(S)' support for BJP candidates in the seats where the regional party was not contesting.

After the votes were cast, the BJP, JD(S) and the Congress candidates and leaders expressed confidence that it is their party that will rule the roost

However, amid buzz about a possible pact with the ruling BJP, JD(S) leader H D Kumaraswamy had recently said local leaders have been authorised to take a decision on whom to support in the seats where his party is not contesting, keeping in mind the prospects for the 2023 Assembly election.

Speaking to reporters after casting vote in Shiggaon, Chief Minister Basavaraj Bommai said BJP will win all the States it is contesting in, and has put efforts for it. Congress President DK Shivakumar said his party expects to win more seats than it expected, and termed Yediyurappa seeking JD(S)' support as a sign of BJP losing strength. JD(S)' HD Kumaraswamy, too, expressing confidence about winning six seats that the party is contesting in, said this council polls will strengthen the party's base for 2023 Assembly polls and set a tone for a new politics in the State.

The elections were held for two seats each from the constituencies of Bijapur, Belagavi, Dharwad, Dakshina Kannada and Mysuru; and one each from Bidar, Gulbarga, Uttara Kannada, Raichur, Bellary, Chitradurga, Shivamogga, Chikmagalur, Hassan, Tumakuru, Mandya, Bengaluru, Bengaluru Rural, Kolar and Kodagu. **PTI**

The net zero knot

CONTINUED FROM PAGE 1

As per their plan, they consulted Bhansali family members and then decided to have an eco-friendly wedding ceremony focussing on zero-wastage.

"All the crockeries, cutlery including spoons, glasses, plates, cups, containers, bottles and pots and even packing material were non-plastic, and moreover were all reusable, recyclable or compostable, based on renewables made of arecanut and bamboo," Nevina told Bangalore Mirror.

Besides, not a single plastic water bottle was used, nor the large plastic drinking water cans. Instead, gorgeous Surahis, with lovely little earthen kulhads or earthen tumblers, graced the reception area and dining hall," Nevina pointed out.

"Paper napkins? Oh no, thanks! They had lovely cloth serviettes instead... How very down to earth!" Nevina added.

The Dugar family had also created a special temporary 'Goushala' for the 'Goumata', and for the visitors to take blessings for positive energy at the wedding venue which had over 400 guests where all covid-appropriate norms were followed.

Commenting about the food, Nevina told this newspaper that there was an elaborate Satvik menu. Traditional dishes including, north-Indian, south-Indian, chinese, and the chats that require special mention, were served at the wedding.

A food digester was also installed at the venue; all the food waste was put into it and was readily converted into compost which was handed over to farmers: "It's high time such eco-friendly celebrations, be it weddings or other occasions, need to be given subsidies by the government so that people celebrate their weddings in similar ways," Nevina added.

GET NOTICED
ಚಿತ್ರಕಲಾ ಪರಿಷತ್ ದಸ್ತಕಾರ್ ನೇಚರ್ ಉತ್ಸವ್
Dastkaar
Nature Utsav
Art Crafts Handlooms & Lifestyle
Exhibition cum Sale
ಪ್ರದರ್ಶನ ಮತ್ತು ಮಾರಟ
@ Chitrakala Parishath
Kumara Krupa Road, Bengaluru .
10th - 19th Dec. 2021
Time:
10:30am to 7:30pm
An opulent show of ethnic & traditional silk, cotton handloom products made by master weavers from all over India
Contact: 9841278707
Entry & Parking Free
Regd. with ministry of textiles, govt. of India

25 Omicron cases found in India so far, says Govt

A total of 25 cases of new Covid variant Omicron have been detected so far in India, across five states, a top Health Ministry official said on Friday,

Addressing a press conference to brief on Omicron emergence in India, Joint Secretary, Lav Agarwal said these 25 cases have been detected in Maharashtra, Rajasthan, Gujarat, Karnataka and Delhi, and all the patients have mild symptoms.

Noting that only two countries had reported Omicron cases till November 24, he said that now 59 countries have reported a total 2,936 Omicron cases. Besides this, there are 78,054 probable cases where genome sequencing is underway to identify the variant, said Agarwal.

Indian Council of Medical Research Director General Balram Bhargava said: "Regular meetings are being organised to keep a watch on global scenario and Covid scene in India with a focus on Omicron. District level restrictions to be implemented where positivity rate is over 5 per cent."

Health Ministry officials says all the patients have mild symptoms and that now 59 countries have reported cases of the new variant

About the Covid situation in the country, Agarwal said that the overall Covid positivity rate has been 0.73 per cent in the country with daily Covid caseload trajectory below 10,000 mark for 14 days now.

According to the ministry, two states - Kerala and Maharashtra - have highest number of active Covid cases. Kerala has over 43 per cent of active cases while Maharashtra accounts for over 10 per cent. In total, 19 districts in India have 5 to 10 per cent of positivity rate and 8 districts have over 10 per cent Covid positivity rate.

It also said that more than half of the adult population in the country is now fully vaccinated. Around 53.5 per cent of the adult population have been vaccinated with both vaccine doses.

—IANS

2 cops killed in Bandipora
Two cops were killed in a terror attack on a police party in Jammu and Kashmir's Bandipora district on Friday

BangaloreMirror | 12
Saturday, December 11, 2021
mybangaloremirror@timesgroup.com
facebook.com/thebangaloremirror
@BangaloreMirror

A somber, stoic farewell

CDS, wife cremated side by side on same pyre, daughters perform last rites

#NEW DELHI

Chief of Defence Staff (CDS) General Bipin Rawat and his wife Madhulika Rawat were laid side by side on the same pyre for cremation at the Brar Square crematorium in Delhi Cantonment on Friday. Their daughters Kritika and Tarini lit the pyre. CDS Rawat was cremated with full military honours including a 17-gun salute by the military.

Defence Minister Rajnath Singh, Delhi Chief Minister Arvind Kejriwal, Uttarakhand Chief Minister Pushkar Singh Dhami, Defence Research and Development Organisation chief Dr G Satheesh Reddy, defence attaches of various countries, Ambassador of France in India Emmanuel Lenain and British High Commissioner Alex Ellis, were among the dignitaries who were present at the crematorium to pay their last respect.

People from all walks of life joined the funeral procession as it proceeded towards the crematorium to pay tribute to India's first CDS.

Admirers of CDS Rawat were present along the road during the funeral procession with some of them carrying the national flag. They raised the slogan, "Jab tak suraj chaand rahega, Bipinji ka naam rahega".

Union Ministers Amit Shah, Nirmala Sitharaman, Mansukh Mandaviya, Smriti Irani, Narendra Singh Tomar and Sarbananda Sonowal went to the residence of General Bipin Rawat earlier in the day to pay their last respects.

Congress leaders Rahul Gandhi, Mallikarjun Kharge and Harish Rawat, BJP chief JP Nadda and DMK leaders A Raja and Kanimozhi were among those who laid a wreath on the mortal remains of CDS Rawat and his wife.

A chopper crash near Coonoor in Tamil Nadu on Wednesday claimed the lives of 13 people including CDS Rawat, his wife Madhulika Rawat and his defence adviser Brigadier Lidder.

Other defence forces personnel who died in the chopper crash are CDS Rawat's Staff Officer Lieutenant Colonel Harjinder Singh, Wing Commander Prithvi Singh Chauhan, Squadron Leader Kuldeep Singh, Junior Warrant Officer Rana Pratap Das, Junior Warrant Officer Arakkal Pradeep, Havildar Satpal Rai, Naik Gursewak Singh, Naik Jitendra Kumar, Lance Naik Vivek Kumar and Lance Naik B. Sai Teja.

Above: People participate in the funeral procession of late Chief of Defence Staff (CDS) Gen Bipin Rawat from his residence to Brar Square in Delhi cantonment on Friday; Left: Daughters of General Bipin Rawat and his wife Madhulika Rawat, perform a ritual during their cremation, at Brar square Crematorium in New Delhi on Friday; Left below: Wife and daughter of late Brigadier LS Lidder pay their last respects to him at Brar Square

Group Captain Varun Singh, the lone survivor in the crash, has been shifted to Air Force Command hospital at Bengaluru for further treatment. Karnataka Chief Minister Basavaraj Bommai on Friday also said that IAF Group Captain Varun Singh was receiving the best treatment at the Air Force's Command Hospital in Bengaluru, and wished for his speedy recovery.

The Centre has ordered a 'tri service' inquiry into the accident. The inquiry will be headed by Air Marshal Manvendra Singh, Air Officer Commanding-in-Chief Training Command. **– ANI**

WORLD

Assange can be extradited to US, rules court

#London

A British appellate court opened the door Friday for Julian Assange to be extradited to the United States by overturning a lower court's decision that the WikiLeaks founder's mental health was too fragile to withstand the American criminal justice system. The High Court in London ruled that U.S. assurances were enough to guarantee Assange would be treated humanely and directed a lower court judge to send the extradition request to Britain's interior minister for review. Home Secretary Priti Patel, who oversees law enforcement in the U.K., will make the final decision on whether to extradite Assange. Assange's fiance, Stella Moris, called the decision a "grave miscarriage of justice". **— AP**

Musk says he is considering 'quitting'

#New York

Tesla boss Elon Musk tweeted Friday that he is considering resigning, hours after selling another chunk of shares in his company. "Thinking of quitting my jobs & becoming an influencer full-time wdyt," Musk wrote to his 65 million Twitter followers in an apparently playful tweet that drew around 250,000 "likes". Besides running Tesla, Musk is the CEO of SpaceX, which he founded in 2002.

He is also known for making eye-popping statements on social media.

On Thursday evening the world's richest person sold just over 934,000 shares in Tesla, according to documents filed with US stock regulators. They were worth about $963 million.

He also exercised his right to buy stock options at $6.24 per share.

In a poll earlier Musk asked on Twitter if people thought he should sell 10 percent of his stake in Tesla. Most who responded said he should.

Jabs mandatory for TN students above 18 to attend college

#Chennai

The Tamil Nadu Health Department has made Covid vaccination mandatory for students above 18 years of age to attend college classes, Health Minister Ma Subramanian said on Friday.

Addressing media persons after attending a high-level meeting of educationists here, he said that the Secretary, Higher Education will write letters to all the educational institutions directing them to make it mandatory for students above 18 years of age to get at least one dose of the vaccine administered to them.

He said that only 46 per cent of engineering students above 18 years have taken the first dose of vaccine and only 12 per cent of the students have taken both the doses of vaccine.

Subramanian said that college administrators should verify the student list and ensure that 100 per cent double doses have been administered. There have been reports of a higher possibility and risk of spread of infection in college canteens and dining area of the educational institutions.

The Minister also said that student get-togethers and functions must not be held without prior permission from the Health Department. He also said that students must bring in food in disposable containers and be sent to canteens in batches.

With the Omicron variant creating problems in several countries, the Centre has directed all the state governments to be focus on vaccination drives. **– IANS**

A health worker administers a dose of covid-19 vaccine to a street vendor in Nagercoil

BEST OF
DR MAHINDER WATSA

The finest responses of Dr Watsa are being republished in this column as a tribute to him.

1 My cousin has been married for the last 12 years, but hasn't been able to conceive. Her husband is 45 years old and suffers from a type of severe impotency and delayed ejaculation, wherein he has to manually ejaculate inside, after taking allopatic medication. She also uses lox 2% jelly as lubrication because penetration is very painful for her. Could it be nullifying the fertility of the sperm? Will they achieve pregnancy through this method or should they try a different approach? They can manage intercourse three times a week, not more, as they feel age has caught up with them. Should they try for adoption? She doesn't want to go through more treatment and disappointment, as well as the emotional, physical and mental cost of repeated failures over the years. What are their chances of conception at this late stage in their lives?

There are multiple problems here. He needs to get his sperm count tested and she should visit a gynaecologist who can suggest manual insemination or IUI.

2 I have a 14-year-old son. It seems he can masturbate only while lying down, but cannot manage this while standing. He was worried and stressed about it ever since he discovered the joys of masturbation. It is only now that he told me about it. Can you advise him please?

Advise him to stand against a wall. Best he stops worrying as he is normal. Buy him my book It's Normal!

MEET THE SEXPERTS
Use this QR code to send your questions to us

SHUTTERSTOCK

Can your child hit puberty early?

Take notes from an expert to understand its signs and effects to help your ward through this time

Kayalvizhi Arivalan
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

The onset of the menstrual cycle marks the onset of puberty, which is when adolescents become sexually mature. In Indian culture, it is even an event of celebration. Females typically experience their first period between the ages of 12 and 13. However, the age of menarche has been decreasing recently because of lifestyle changes and environmental factors. "It's challenging for the young girl and her parents to cope up with the stress of dealing with physical and emotional aspects of sexual maturity at a younger age.

Precocious puberty is when menstruation occurs before 8 years. It needs guidance from a gynaecologist and endocrinologist for suppression treatment," suggests Dr Anagha Chhatrapati, Consultant – Obstetrics, and Gynaecology at Global Hospital, Mumbai, who says children who hit puberty before their peers are more likely to have physical and mental health problems. Dr Chhatrapati tells us more about this condition.

The risks of early puberty

Puberty onset is marked by a rapid spurt in height, but unfortunately, there is no remarkable increase in height after the onset of early menses. Early developers will have short height as compared to their peers who achieve puberty at a later age. Also, as initially, they look bigger than their peers, they may have problems with body image perception which can lead to eating disorders. This can lead to anorexia nervosa (preference to eat less to avoid weight gain) and bulimia (binge eating followed by purging). Early maturing girls are at increased risk of a range of psychosocial problems, including depression, substance use, anxiety, and early sexual behaviour.

Social pressures

When kids develop early, the way they act and think doesn't match their age and looks. These kids have levels of cognitive, social, and emotional development completely consistent with their age, but physically, they look older. They compare themselves more negatively to their peers. They're more anxious and less confident in their relationships with family and friends. And they are more likely to hang out with friends — often older — who engage in risky behaviours such as early sexual behaviour and substance use. Such peer influence seems to be a major risk factor for mental health problems among early-maturing kids.

There is evidence suggesting that kids who have pre-existing stressors in life such as single parents, high-level conflicts at home, the poor socioeconomic status will hit early puberty and that may cause more emotional stress on them.

How parents can help

Parents' support is very crucial. It appears that a strong, safe family environment helps in the prevention of risks of early puberty. Most important is to develop emotional closeness with the child. Taking time out for kids and family from one's busy schedule is extremely vital.

Parents are also advised to be patient listeners. Try and understand your child's point of view. Many times, kids will want to discuss their emotional distress with parents, especially as girls reach sexual maturity earlier than their friends, they may not be comfortable discussing the same with them. Open discussion about biological changes in the body gives comfort to young girls who have to deal with menses early.

Indulge in outdoor activities with your kids, which pubertal kids may want to avoid. Regular exercise ensures hormonal balance. It helps to maintain a good body mass index, considering high BMI is one of the causes of early puberty.

Pubertal adolescents grow rapidly, so does their appetite. And there could be a tendency to eat unhealthy processed food. Emphasis should be given to eating a balanced diet with lots of proteins and raw fibre (fruits and veggies).

Remember, you need to be there for your child and help them through this time.

MIRRORLIGHTS

Try the new age tea, Matcha

Green tea drinkers are gradually shifting their commitment to matcha, thanks to the popularity of matcha shots, lattes, and even desserts. "Matcha tea is prepared using the same tea leaves that we've been drinking for years, whether it's black or green tea. The only difference is that before the leaves are picked, the plants are cultivated in the shade for a few weeks," reveals Dharini Krishnan, Consultant Dietitian, Chennai, who explains that in other teas, the leaves are steeped and only the water is taken. The leaves of matcha tea are stripped of their stems and veins. The leaves are then steamed, dried, and ground into a fine powder. "This powder doesn't need to be strained, and it dissolves easily in water. In tea ceremonies, it was customary to utilise this. It is now valued in the same way as other teas," says Krishnan.

The advantages include antioxidants, which are essential components for disease prevention. When compared to green tea, matcha tea had higher quantities of epigallocatechin 3-O-gallate (EGCG), an antioxidant. Only a few research studies on matcha tea are accessible. Early research suggests that taking it before a vigorous walk can aid in fat conversion by breaking fat down into smaller molecules. Furthermore, matcha tea has all of the benefits associated with green tea intakes, such as decreasing cognitive decline in the elderly, lowering the so-called bad cholesterol or LDL cholesterol, and is also connected to the prevention of prostate cancer.

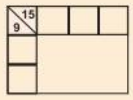
Even the things that are healthy should be consumed in little amounts, which includes matcha tea. About 3 cups of tea, which can be substituted for regular tea or coffee, are recommended.

The tea leaves will absorb whatever minerals are present in the soil. When this is ingested in high quantities, it can have negative health consequences. This tea should be avoided by pregnant and breastfeeding women, as well as children. Matcha tea's health advantages can be obtained by drinking it in moderately specified quantities. **–Kayalvizhi Arivalan**

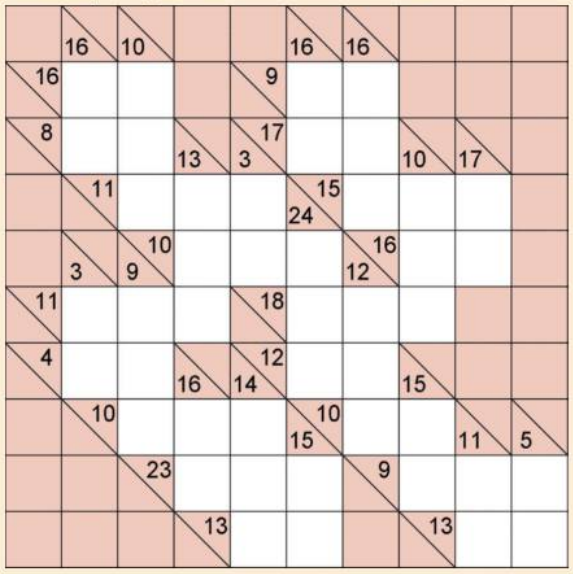
mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

Kakuro

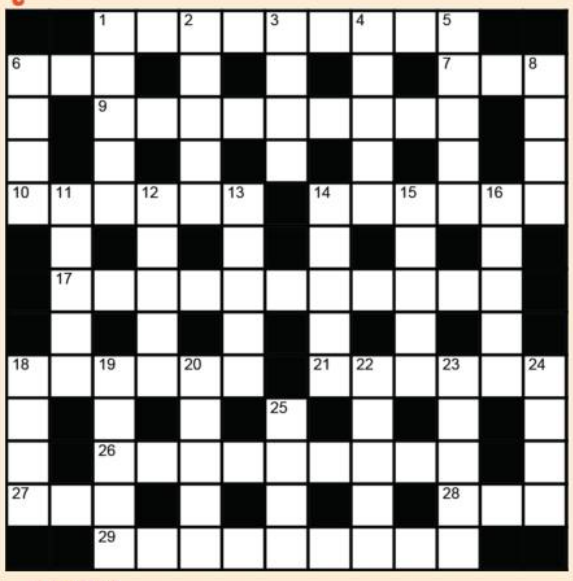
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Karnataka lies on India's ___-___ coast (5-4)
6 Use a needle (3)
7 Bull periods (3)
9 Practitioner of medieval science (9)
10 Monastery? (6)
14 Moneylender (6)
17 Troublesome ghost (11)
18 Neutered (6)
21 Relieve of weaponry (6)
26 Plateau (9)
27 Prefix meaning "bad" or "defective" (3)
28 Botham or Chappell of cricket (3)
29 Source of income; entitlement or legacy (9)

DOWN

1 Guru in our country (5)
2 Open sore (5)
3 Garden tools (4)
4 Narrative poems (5)
5 Private teacher (5)
6 One's own person (4)
8 Singe (4)
11 Tear into pieces (3,2)
12 Narrow street (5)
13 Admit defeat (5)
14 Exhorted (5)
15 Divisions (5)
16 Diner or consumer? (5)
18 Counterfeit (4)
19 Former Kiwi batsman Nathan ___ (5)
20 Waned or receded (5)
22 _ __, I saw, I conquered (1,4)
23 An examination of accounts (5)
24 Principal (4)
25 Cat sound (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: L EQUALS T

JGLOZTGFTUJ TU LBO CVFQ WCZJ CW RTULZGKLTCV WZCJ LZIO NFTUU.

Linemaro

I want to tweet your mother 'thank you' for giving birth to something as gorgeous as you

Mindchow

Sometimes, all a person needs is a hand to hold and a heart to understand

Joke of the day

A vulture boards an airplane, carrying two dead raccoons. The stewardess looks at him and says, "I'm sorry, sir, only one carrion allowed per passenger."

Loop

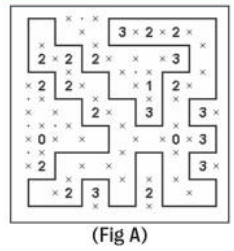
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

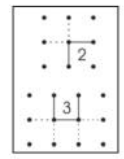
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

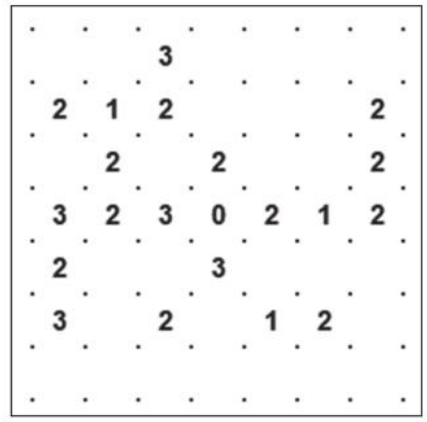
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



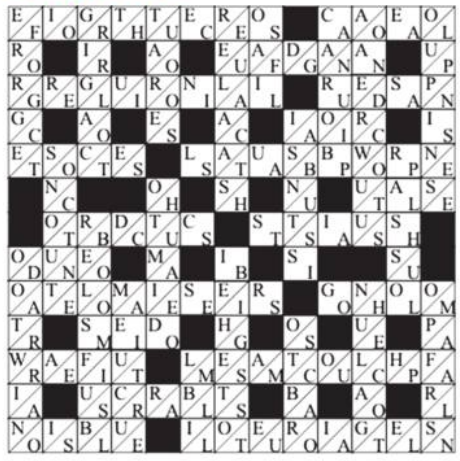
(Fig A)



(Fig B) Not Allowed



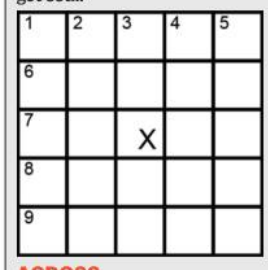
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

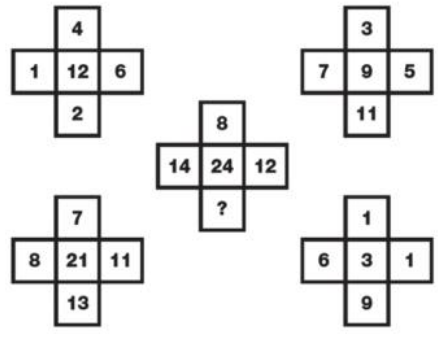
1 Brace; 6 Uli Co; 7 I'm Max; 8 Do ere; 9 Smite

DOWN

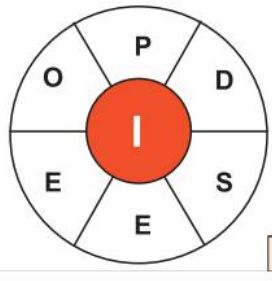
1 Comte; 2 I a car; 3 Ox Bum; 4 Li Dee; 5 Miser

Mensapuzzle

Which number replaces the question mark and completes the puzzle?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; **05** Good; **07** Outstanding

SudokuChallenge

	3	2		6		7	9	
		6		3		8		
8			4		5			6
1	5						4	7
6	7						8	9
2			7		8			5
		5		9		4		
	4	9		1		6	7	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

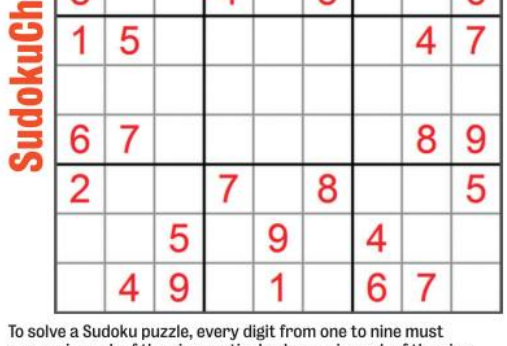
Easy = 5
2 4 5 8

Medium = 6
4 6 7 8

Hard = 26
2 5 7 4

Hocusfocus

Find at least six differences in details between panels.



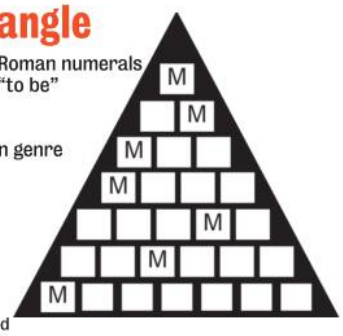
Differences: 1. Snack sign is higher. 2. Coffee sign arrow is reversed. 3. Backpack is larger. 4. Boots are higher. 5. Tree limb is lower. 6. Hat is larger.

Riddler

From wood it's made, From string it's made, It floats upon the wind. It's made by one, It's made by many, From hands and mouths it spins. A score without a game. A staff not for the lame. With seven letters tamed. With five letters named

Alpha triangle

1 One Thousand in Roman numerals
2 Part of the verb "to be"
3 Adult male
4 Chief
5 Japanese cartoon genre
6 Stay put
7 Mosque tower



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

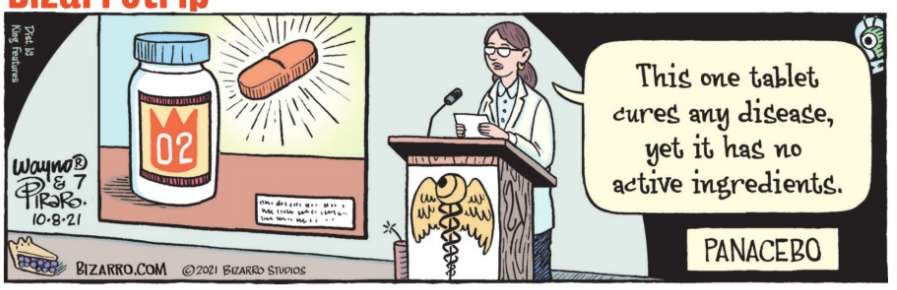
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

SOMEWHERE THERE'S A FROG WHO, IF KISSED BY A BEAUTIFUL MAIDEN, WILL TURN INTO A HANDSOME PRINCE
REALLY?! WHO TOLD YOU THAT ?
SOME DIZZY DAME WITH A LOT OF WARTS ON HER MOUTH
9-28
Yates/Casson

Bizarrotrip


This one tablet cures any disease, yet it has no active ingredients.
PANACEBO
Wayno & Piraro 10-8-21
BIZARRO.COM ©2021 BIZARRO STUDIOS

Diamond Lil

I TRIED THAT NEW ITALIAN PLACE YESTERDAY
IT'S CALLED LUIGI'S MASOCHIST CAFE
WHAT DID YOU HAVE?
THE PERSONAL PAIN PIZZA
©2021 creators.com 10/8
www.creators.com

Hart of the city

WE NEED TO FIND SOMEONE TO TAKE CHRIS' SPOT IN D&D FOR THE NEXT 6 WEEKS.
I'VE PLANNED FOR THIS!
BEHOLD!
FRIEND OR FOE
WHAT IS THIS?
IT'S A LOG OF ALL THE STUFF MY FRIENDS ARE INTO, SO I DON'T HAVE TO KEEP THAT INFO IN MY BRAIN. I CAN USE MY MIND FOR COOL STUFF!
LIKE MEMORIZING LINES FROM STAR WARS! "DID YOU EVER HEAR THE TRAGEDY OF DARTH PLAGUEIS THE WISE?"
"IT'S NOT A STORY A JEDI WOULD TELL YOU!"
HEART OF THE CITY © 2021 ANDREWS MCMEEL
@OCOMICS.COM/HEARTOFTHECITY

Crankshaft

WITHOUT SOME INVESTMENT IN THE PAPER... IT REALLY CAN'T DO THE JOB IT SHOULD BE DOING TRACKING DOWN WRONGDOERS.
I'M AFRAID THAT WE'RE NOT HUNTERS...
WE'RE JUST GATHERERS.
BATIUK & DAVIS
10-5

Mutts

MOOCH, I'M SO GLAD YOU'VE DECIDED TO STOP USING "SO WHAT" AS YOUR ANSWER TO EVERYTHING.
NOW WE CAN BE OPEN TO NEW IDEAS AND ENGAGE IN HEALTHY DEBATE AND DISCUSSION!
WHATEVER.
mutts.com
10-15

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may be busy at work, which may make you tired and you may not be able to give proper time to attend a family get-together. You may be able to create some overseas networks. You should be careful in terms of investments. Natives in the job may get a promotion.

Taurus Apr 21 – May 20
Today, situations will be under control now. Your destiny may be with you in terms of gains in business. You may get some rewards for your hard work. It may be a good time to reinitiate your postponed projects. You may expect peaceful religious travel. You may also plan to donate some amount to any religious place or to some charity.

Gemini May 21 – Jun 21
Today, you may be able to control your expenditures on worthless stuffs. You may plan to invest capital in the business. You may invest your savings into some real estate projects, which will boost your financial health in near future. You may be polite with others. You may be able to focus on yourself in domestic affairs but your spouse will become upset or will have some health issues.

Cancer Jun 22 – July 23
Today, your moon is not in a good position; you may have health issues. You may face losses in the business or in investment. it is advised not to invest into business. Your gains will convert into losses. So, you are advised to stop making investments in worthless objects. You should avoid to be involved in controversies, otherwise it will pull you down negatively

Leo Jul 24 – Aug 23
You are blessed by the moon today; you may expect to hear some good news in terms of profession. Domestic life may likely to be in full swings of joy. You are advised to avoid making arguments on worthless topics. Over excitement may test your patience. You can take important decisions in making investments in real estate. Students will be focused in their studies.

Virgo Aug 24 – Sep 23
You will feel some dullness but somehow you may likely to get back to your work. You may pay extra attention on kid's academics. You may likely to be in the winning position against your enemies and opponents. Investors shall be careful while making difficult decisions. Job seekers may find suitable jobs.

Libra Sep 24 – Oct 22
Today, you may find negative vibrations around you, which may make you unhappy, should avoid making investments on worthless assets. You may notice that friends may not be supportive today. So, you should not expect more from them for help, otherwise it may make you more upset. you should make independent decisions today.

Scorpio Oct 23 – Nov 22
Today you may feel dull, you may face obstacles in your work front. You should keep patience in making investments. Quick decisions in business are not advisable today. You are likely to spend money on worthless stuff, which may make your family unhappy.

Sagittarius Nov 23 – Dec 22
Today, your hard work may pay you in terms of success. You may plan to go for a short work-related visit. your subordinates may support you in implementing your business plans. Your opponents may praise your hard work. you may hear good news in terms of siblings.

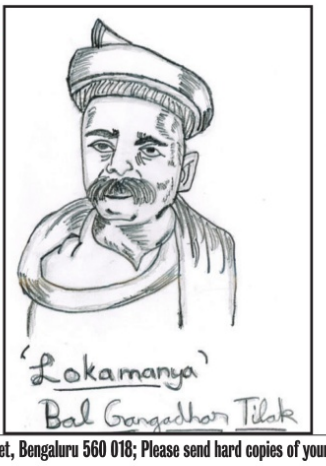
Capricorn Dec 23 – Jan 20
Today may have good vitality and inner strength. you may make good plans and may implement them efficiently. but you might carefully read documents before putting a signature. Due to over enthusiasm, you may invest some capital into family business. Love birds shall avoid to discuss on

Aquarius Jan 21 – Feb 19
Today is not a good day due to anxiety and restlessness. You may waste your precious time in doing worthless tasks. You may plan to visit some religious place to seek peace of mind. You may get some advice from your elders which may show you some direction to manage the messy situation.

Pisces Feb 20 – Mar 20
Today social get together, you will re-establish your network, which will give you benefits in near future. Natives related to glamour, art and fashion will plan to do something new in terms of their profession. Students will perform better today in terms of study. Love birds will enjoy their happy moments.

KIDZONE

Hrithik S, 8 Years, Mount Scenario School



J Sagar, 12 Years, Bengaluru

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
5√3/√3×4√2/√2 =5×4 =20

BULL'S EYE
EPISODE, espied, pied, poise, poised, side, spied

FAST FIVE

T	I	M	E	S
M	A	X	I	M
O	C	U	L	I
E	R	O	D	E
C	A	B	E	R

RIDDLER Music

QUOTE UNCODE
Materialism is the only form of distraction from true bliss.

STRIKE OUT

F	I	G	H	T	E	R	S		C	O	A	L
O	I	A	E	A	G	A	N	U
R	E	G	I	O	N	A	L		R	E	A	P
C	O	S	C	A	I	R	I
E	S	T	E	S	T	U	B	B	O	R	N
N	H	S	U	U	A	E
O	R	C	U	S	S	T	A	S	H
D	U	O	M	B	S	U
A	T	O	M	I	S	E	R	O	H	L	O
W	A	F	T	M	E	A	C	U	L	P	A
R	M	I	D	H	S	E	P
I	U	R	A	L	S	A	O	L
M	A	X	I	M
E	R	O	D	E
T	I	M	E	S

QUICK

S	O	U	T	H	W	E	S	T
E	W	L	O	P	U	P	S	E
A	L	C	H	E	M	I	S	T	R	E	A	P
L	M	E	S	C	O	A	I	R	I
F	R	I	A	R	Y	U	S	U	R	E	R
I	L	I	R	N	A
P	O	L	T	E	R	G	E	I	S	T
U	E	L	E	T	E
S	P	A	Y	E	D	D	I	S	A	R	M
H	S	B	M	C	U	A
T	A	B	L	E	L	A	N	D	I
M	A	L	E	O	M	I	A	N
A	T	H	W	E	N	T
E	N	D	O	W	M	E	N	T

MENSA PUZZLE
22. Add together values in corresponding positions of the top two crosses, and put the results in the lower left cross. Calculate the difference between values in corresponding positions of the top two crosses, and put the results in the lower right cross. Finally, add together the values in corresponding positions of the lower two crosses to give the values in the central cross.

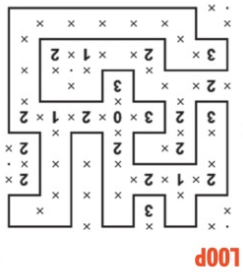
SUDOKU

5	3	2	8	6	1	7	9	4
4	1	6	9	3	7	8	5	2
8	9	7	4	2	5	3	1	6
1	5	3	6	8	9	2	4	7
9	2	8	1	7	4	5	6	3
6	7	4	2	5	3	1	8	9
2	6	1	7	4	8	9	3	5
7	8	5	3	9	6	4	2	1
3	4	9	5	1	2	6	7	8

ALPHA TRIANGLE
M, Am, Man, Main, Amine, Remain, Minaret.

GO FIGURE
Easy
4 − 5 + 8 − 2 = 5
Medium
8 + 6 / 7 + 4 = 6
Hard
4 × 5 − 7 × 2 = 26

LOOP



KAKURO

Volume No 15, Issue No 27 RNI NO:KARENG/2007/22411 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018 and printed by him at Fourth Estate Ltd, No. 9/10/11-A, 4th Main, Bommasandra Industrial Area, Hosur Road, Bengaluru 560099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamarajpet, Bengaluru 560 018. Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon – responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

 # Aryan moves HC to waive attendance rider

Aryan Khan on Friday approached the Bombay High Court seeking waiver of a condition when he got bail that he shall appear before the NCB office every Friday to mark presence

The show will go on

Salman Khan confirms Jacqueline will be performing at concert tour

Bollywood superstar Salman Khan touched down in Riyadh ahead of his musical concert tour today. At a press conference held last evening, the actor revealed that contrary to viral reports, he will be joined by good friend, Jacqueline Fernandez on-stage.

Speaking to the media, Khan confirmed that Jacqueline will be heading to Riyadh to perform at the show. He also joked that if in case the actress didn't make it to the gig, he will gladly perform in her place.

Jacqueline has been in the middle of a controversy after the Enforcement Directorate (ED) stopped her from leaving the country to investigate her alleged involvement with multimillionaire and alleged conman Sukesh Chandrashekhar.

Early this week, she appeared before the agency to record her statement as a witness in the case.

Fernandez was stopped at the Mumbai airport by the immigration authorities on December 5 while she was on her way to Delhi. The authorities were acting on a Look Out Circular (LoC) issued by the ED against her as it feared that she might flee the country. She was quizzed at the Mumbai airport for hours and then let go.

Fernandez was stopped at the Mumbai airport by the immigration authorities on December 5 while she was on her way to Delhi. The authorities were acting on a Look Out Circular (LoC) issued by the ED against her as it feared that she might flee the country. She was quizzed at the Mumbai airport for hours and then let go.

On Monday, the ED once again sent her summons to join the ongoing probe. Apart from Jacqueline, Bollywood actress Nora Fatehi has also recorded her statement as a witness in the case. **—ETimes**

'Are we hiring now based on followers, not talent?'

Actress Jennifer Aniston, who shot to global fame as Rachel Green in 'Friends', believes the industry has changed dramatically over recent years.

She told The Hollywood Reporter: "I don't know what the industry is anymore. It's not the same industry that it used to be. It's not that glamorous anymore. It's slowly becoming about TikTok and Instagram followers.

"It's like, we're hiring now based on followers, not talent? Oh, dear. And I'm losing touch. I'm not great at going, 'I'm going to stay

relevant and join TikTok'."

Aniston joined Instagram in October 2019, and became the fastest user to reach one million followers.

Discussing her relationship with social media, she said: "I used to say, can't I just join Twitter for a day and say 'Debunk' or 'That's b******t'? The answer was no, because then people respond and you have to follow up, and I was like, 'Well, that sounds terrible. I don't want to do that'."

Despite this, the actress previously shared she generally enjoys interacting with her fans. She said: "Most of the time I genuinely enjoy the exchange. Ninety percent of the people are happy and excited." **–IANS**

Queer film making was hush-hush in 2002: Sridhar

Writer, director and gay activist Sridhar Rangayan has been a part of the film industry for over two decades now. Known for his queer films 'The Pink Mirror', 'Yours Emotionally', 'Evening Shadows' and others, Sridhar has been one of the front runners of the initial LGBTQIA+ movement in our country. Talking about how things were when he began, Sridhar says, "In

2002, when we were shooting for our first film 'Gulabi Aaina' ('The Pink Mirror') everything was so hush-hush and underground. We were even scared to hold a preview screening of the film at a private studio." Things have changed. Two of Sridhar's films will be screened at the upcoming Hyderabad Queer Film Festival, this weekend and an excited Sridhar, tell us, "We have come a long way and in 2021, we are screening it at one of Hyderabad's largest studios!" **—ETimes**

fastrack
end of season SALE
FLAT
20%
OFF*
SALE
CALL US: 1800-266-0123. T&C apply
Scan to view the collections
you do you
www.fastrack.in | fastrack STORE | WORLD OF TITAN | All Authorized Dealers
lifestyle | CENTRAL | SHOPPERS STOP | TRENDS | pantaloons | Flipkart | amazon.in | Myntra | TATA CLiQ | NYKAA FASHION